CORONAVIRUS (COVID-19)

Protecting our Aboriginal and Torres Strait Islander community in Western Sydney

What are the symptoms?

People who have the virus may have a fever, cough, sore throat, shortness of breath and other symptoms.

What can I do to stay safe?

Wash your hands with soap for at least 20 seconds after you cough, sneeze or go to the toilet and before you eat.

Avoid touching your face.

Cover your nose and mouth when coughing and sneezing into a tissue or a flexed elbow.

Practice social distancing and do not attend any gathering.

Protecting our communities and Elders

Don't travel to places in your community unless you have to.

Check in on Elders and family who may have chronic illness as they may find it hard to get essentials. But please keep a safe distance of two metres away as they are vulnerable and we don't want to pass anything on.

Stay safe everyone.

Visit our website for more information: **wentwest.com.au/covid-19**

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