

IF YOU TEST COVID-19 POSITIVE

You will get a **phone call** from the Western Sydney Public Health Unit.

They will ask you questions about your health and give advice about what to do next.



All information shared by you is private and confidential.

What questions will I be asked?



You will be asked about:

- Your health and symptoms
- Who you have seen recently
- If you have travelled recently
- If you need any support while self-isolating

NOTE: Health department phones come up as private numbers. Please pick up private calls when waiting to hear back about test results.



HELP AND SUPPORT

Are you feeling worried and need help to cope during the COVID-19 outbreak?

Speak to a counsellor available 24/7:

Lifeline 13 11 14

<https://www.lifeline.org.au/get-help/online-services/crisis-chat>

Beyond Blue 1800 512 348

<https://coronavirus.beyondblue.org.au/>

In an emergency, or you need immediate medical attention, please call 000.

Western Sydney Aboriginal Health Hub

Aboriginal Health Workers or Nurses are available to help and assist you.

Please call 9881 1670.

Available Monday-Friday, 8:30am to 5pm

JUST GOT TESTED FOR COVID-19?

Information for the Aboriginal community



Artwork by Leanne Tobin. Leanne's artwork reflects the vibrancy and transitional motions of the dragonflies as they move through their journey of life.



Health
Western Sydney
Local Health District

WHAT TO DO AFTER GETTING TESTED FOR COVID-19



You will get a **home isolation kit** after your test to help protect you and your loved ones.

Step 1: Go straight home

Step 2: Self-isolate until you get your test result back

RECEIVING TEST RESULTS

NEGATIVE TEST RESULT

You do not have COVID-19

You will receive your results via SMS or your clinic will contact you within 1-3 days.

Stay home until you are well. If you feel unwell again after 14 days, get another test.



POSITIVE TEST RESULT

You have COVID-19

A Public Health Unit Officer will call you as a priority.

See next page for details.



THE HOME ISOLATION KIT



This kit is for people who have completed a COVID-19 test and are waiting for their test result.

It includes face masks to help reduce the potential spread of COVID-19 at home.



For more assistance:

If you are an **older Aboriginal or Torres Strait Islander person** or **unwell with an existing health condition**, you may be eligible to receive an Essentials Kit.

To find out more, contact the **Aboriginal Health Hub** on **9881 1670**.

NOTE: If you have been told you are a close contact of someone with COVID-19, you must stay in self-isolation for 14 days.