

Western Sydney - Primary Mental Health Care 2019/20 - 2023/24 Activity Summary View



MH - 1000 - MH 1 - Low intensity mental health services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1000

Activity Title *

MH 1 - Low intensity mental health services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

1. Provide helpline services to clients of the Primary Mental Health Care service providers (previously known as ATAPS) and the Suicide Call Back Service.
2. Provide a digital platform/app which enables users to navigate the mental health service sector and identify appropriate support programs in the local region
3. Western Sydney Recovery College aims to offer education and training programs, developed and delivered by people with lived experience of mental health concerns and adult education professionals. It is open to people who have mental health conditions,

their carers, families and friends, as well as mental health staff, volunteers and the broader mental health sector staff working within the region.

Description of Activity *

1. Provides helpline services to clients and the Suicide Call Back Service. Through consultations with the WS Mental Health Commissioning and Advisory Group (MHCAG) additional helpline service capacity was identified as a way of supporting people requiring low intensity service without the need for a consumer/ client being engaged with a face to face service. Connections western Sydney Helpline will provide any resident of western Sydney immediate phone support at any time of the day or night and up to 3 telephone-based counselling sessions provided by a mental health professional, with the option of linking the client to a local mental health provider directly.

2. WSPHN will commission a local provider or work more broadly with other PHNs to commission a service which delivers a digital platform. The program will be designed to enable users to navigate the mental health service sector and identify appropriate support programs in the local region.

3. Project focuses on workforce development. The program offers courses such as Mental Health First Aid (including separate Aboriginal, Older Person, Child and Family-focused courses), Managing substance misuse, Understanding Anxiety, Understanding Depression and Mindfulness.

Needs Assessment Priorities *

Needs Assessment

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
People Experiencing Mild to Moderate Mental Illness	22



Activity Demographics

Target Population Cohort

All activities listed above will be publicly available to residents of Western Sydney and aim to increase early access to support. Additionally, any clients experiencing low levels of mental health distress and who present to GP practices, mental health services providers, community groups or organisations, and schools will also be directed to these services.

With the exception of the Recovery College, all commissioned activities are designed to be available any time the client needs them by being accessible remotely via a phone or device. Recovery College courses will be delivered in accessible locations within the community and online.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

3. This activity will have a special focus on the local Aboriginal population

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Dural - Wisemans Ferry	11502
Auburn	12501
Merrylands - Guildford	12503
Baulkham Hills	11501
Pennant Hills - Epping	12601
Rouse Hill - McGraths Hill	11504
Ryde - Hunters Hill	12602
Carlingford	12502
Mount Druitt	11603
Blacktown	11601
Blacktown - North	11602
Parramatta	12504



Activity Consultation and Collaboration

Consultation

WSPHN is working with key representatives including, GPs, LHD, non-government organisations (NGO), community managed organisations (CMO) and mental health professionals who are consulted in developing strategic directions on commissioning and delivery of services across the priority areas in Western Sydney.

In developing the low-intensity mental health services, consultation occurred with a number of GPs and GP associations and mental health providers who indicated that low-intensity services should support people at either pre-treatment or post-treatment phase and be accessible remotely and after-hours.

Additionally, the recommendation was the low-intensity services should be able to support the client to seamlessly engage with higher intensity services.

As a result, each of the services has a common referral pathway and network that allows WSPHN to align services should the consumer, referring GP and mental health service provider require ongoing, additional or complementary services with various levels of intervention and access.

Collaboration

Commissioned services are empowered to work with one another to better coordinate service integration, which enables patients to transition seamlessly between stages of care as required.

Several workshops and consultation were conducted to bring together providers and facilitate the operational alignment of care, as the consumer navigates the various services.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

Yes

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Recovery College has previously been co-commissioned

Consumers with lived experience have input to the design and content of Recovery College courses

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Summary of activity changes for Department

Activity Status

Ready for Submission



MH - 1300 - MH 1.3 - Older Persons Mental Health Service



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1300

Activity Title *

MH 1.3 - Older Persons Mental Health Service

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

MH 1.3 The Older Person Mental Health program aims to improve the mental health of older persons living within Western Sydney Residential Aged Care Facilities (RACFs)

Description of Activity *

MH 1.3 The Older Person Mental Health program aims to improve the mental health of older persons living within Western Sydney Residential Aged Care Facilities (RACFs)

Needs Assessment Priorities *

Needs Assessment

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
People Experiencing Mild to Moderate Mental Illness	22



Activity Demographics

Target Population Cohort

Older persons living within Western Sydney

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Dural - Wisemans Ferry	11502
Auburn	12501
Merrylands - Guildford	12503
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Pennant Hills - Epping	12601
Rouse Hill - McGraths Hill	11504
Ryde - Hunters Hill	12602
Carlingford	12502
Mount Druitt	11603
Blacktown	11601
Blacktown - North	11602
Parramatta	12504



Activity Consultation and Collaboration

Consultation

In developing low intensity mental health services, consultation occurred with a number of GPs and GP associations and mental health providers who indicated that low intensity services should support people at either pre-treatment or post-treatment phase and be accessible remotely and after-hours.

Additionally, the recommendation was the low intensity services should be able to support clients to seamlessly engage with higher intensity services.

As a result, each of the services has a common referral pathway and network that allows WSPHN to align services should the consumer, referring GP and mental health service provider require ongoing, additional or complimentary services with various levels of intervention and access.

Collaboration

Commissioned services are empowered to work with one another to better coordinate service integration, which enables patients to transition seamlessly between stages of care as required, including older persons in RACFs.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Not Applicable

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Summary of activity changes for Department

Activity Status

Ready for Submission



MH - 2000 - MH 2 - Child and Youth Mental Health Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

2000

Activity Title *

MH 2 - Child and youth mental health services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

1. To reduce the impact of disease in young people aged 12-25 years caused by mental health disorders and related substance use. This will be evident through improvements in the mental health, social wellbeing and economic participation of young people in this target group.
2. The aim of hYEPP is to provide early intervention services to young people with emerging serious mental illness, and their families, that are youth-friendly, accessible, consistent and seamless, and that provide ongoing care and support.
3. To assist young people aged 12-25 who have or are at risk of, developing severe mental illness and can be supported in the primary care setting, including through the YESS program.
4. To provide psychological therapy to young people aged 12-25 who have suicidal symptoms.

5. To deliver assertive, specialist mental health services and tertiary consultation to children and young people.
6. To assist with initial assessments, provide short-term management of an acute crisis, prevent/avoid hospital admission if possible, facilitate referrals to appropriate mental health treatment services, reduce the number of young people presenting repeatedly to ED, and shorten the length of stays in the ED
7. Provide MH wellbeing education and support programs through schools, ECEC's and community-based organisations that focus on children, young people and their families.

Description of Activity *

1. headspace will provide early intervention mental health services to clients between 12-25 years, along with assistance in promoting young peoples' wellbeing. Support covers four core areas: mental health, physical health, work and study support and alcohol and other drug services.
2. hYEPP located in Mt Druitt, is a continuing care team of multi-disciplinary professionals who provide recovery orientated, early intervention services to young people aged 12-25 who are experiencing a first episode of psychosis or at ultra-high risk of experiencing psychosis. The service model is based on the Early Psychosis Prevention and Intervention Centre (EPPIC) from Orygen Youth Health in Victoria. And as such, the commissioned service provision is based on assertive outreach, family work, functional recovery and partnerships with other community organisations to enhance care.
hYEPP Parramatta is a 'Spoke' of the Mt Druitt hYEPP 'Hub' and the services work closely to ensure continuity of service. The Hub provides extensive psychiatric and specialist services such as functional recovery groups and family therapy.
3. Youth Severe Mental Health service is commissioned to assist young people aged 12-25 years residing in Western Sydney who has or is at risk of, developing severe mental illness and can be supported in the primary care setting.
It comprises three clinical arms:
 - Enhanced Access - a hub and spoke model to enhance access across the region and to leverage off existing links of community partners.
 - Assertive Case Management including wrap-around services and evidence-based treatment and recovery approaches in line with the Clinical Staging Model and Stepped Care.
 - Mental Health Education and Support to GPs and school counsellors to build the capacity of GPs to manage young people. Young people will be serviced in their preferred locations, utilising flexible service options including drop-in services, individual and group-based sessions, face to face and online support.
4. Suicide prevention – psychological therapies aim to provide psychological services for the most vulnerable and financially disadvantaged members of the WSPHN area. Services include psychological therapy sessions for people who are unable to otherwise afford to pay for therapy, and a separate suicide prevention stream is designated to help people who have been identified as acutely at risk of suicide regardless of their financial status.
5. is commissioned to cover the WSLHD EDs and provide post-discharge follow up and bio-psycho-social interventions for up to 12 weeks post-discharge. Peer workers have been introduced to the program to allow cultural appropriateness for CALD and indigenous patients to provide additional support. The services will be situated in ED waiting rooms of Westmead, Blacktown and Mt Druitt hospitals with the aim to offer support services to all young people presenting with mental health concerns within working hours.
6. The project will work in a crisis management model, practising trauma-informed care and using recovery principles. The team will work in partnership with young people and their carers to assist with managing the acute crisis that is resulting in the young person's presentation/s to ED. The approach will be holistic, assessing all aspects of a young persons' functioning, identifying their needs across mental health, physical health, drug and alcohol and psychosocial domains .
7. Provision of early intervention services to vulnerable children, young people and their families through schools, ECEC's and community based organisations. Activities will focus on education and support sessions that build resilience and MH wellbeing.

Needs Assessment Priorities *

Needs Assessment

Priorities

Priority	Page reference
Children and Young People: high levels of psychological distress	20
Children and Young People: suicide in ATSI children	20
Children and Young People: self-harm in females	20



Activity Demographics

Target Population Cohort

1. Children and youth aged between 12 – 25 years, who may be experiencing mild to moderate mental health condition and/or drug and alcohol misuse.
2. Children and youth aged between 12 – 25 years, who may be experiencing a severe mental health condition either as a first episode of psychosis (FEP) or ultra-high risk of psychosis (UHR).
3. As above
4. Young people aged between 12-25years, who are at risk of or experiencing severe mental health illness including psychosis, major depression, severe anxiety, eating disorders and personality disorders.
5. Young people aged between 12-25years, who have suicidal symptoms.

MH 2.6 Young people and carers experiencing an acute crisis resulting in ED presentation

MH 2.7 Vulnerable children, young people and their families

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Dural - Wisemans Ferry	11502
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Blacktown - North	11602
Parramatta	12504



Activity Consultation and Collaboration

Consultation

1. headspace model means that each site/ service has a consortium. This consortium meets every 3 months, which includes representatives from various agencies, including local health district, NGOs and community-managed organisations.
2. Orygen Youth Mental Health Service (OYH), Western Sydney Local Health District (WSLHD), General Practitioners, and other NGOs
3. WSPHN consult with Parramatta Mission as a lead agency, along with key representatives from the LHD, GPs, mental health service providers, and consumer and carer representatives.
4. Consultation with Orygen, consumers, carers, WSLHD as well as the service provider and the consortium members who will be part of the service delivery.
5. WSPHN consult with key representatives from the LHD, GPs, mental health service providers, and consumer and carer representatives.

Collaboration

Activities 1, 2 & 3 headspace and hYEPP services in western Sydney will be managed by two lead agencies;

1. Parramatta Mission for headspace centres and hYEPP service at Mt. Druitt & hYEPP at Parramatta.
2. Flourish Australia for headspace centres at Parramatta & Castle Hill.

The headspace model requires a consortium approach to service delivery and WSPHN has been involved in consulting the consortium for the development and continuation of the service without disruption.

Activity 4 service will be delivered by a consortium where Parramatta Mission is the lead agency. Below is the list of consortium partners who will be directly/indirectly contributing to the service delivery:

1. The Ted Noffs Foundation
2. Dharug Elders Corporation
3. Interrelate
4. Sydwest Multicultural Services

- 5. Specialist homeless services
- 6. Ability Options

Activities 5, 6 and 7: all relevant stakeholders and referring agents, including GPs, schools, allied health providers, specialists and mental health providers currently engaged with WSPHN. This includes the Local Health District and a number of key non-government organisations.



Activity Milestone Details/Duration

Activity Start Date

30/06/2016

Activity End Date

29/06/2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

- Not Yet Known: No
- Continuing Service Provider / Contract Extension: Yes
- Direct Engagement: No
- Open Tender: Yes
- Expression Of Interest (EOI): Yes
- Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Not Applicable

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Summary of activity changes for Department

Activity Status

Ready for Submission



MH - 3000 - MH 3 – Primary Mental Health Care (PMHC)



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3000

Activity Title *

MH 3 – Primary Mental Health Care (PMHC)

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description

Aim of Activity *

The PMHC program aims to provide psychological services for the most vulnerable and financially disadvantaged members of the area covered by WSPHN.

Services include psychological therapy sessions for people who are unable to otherwise afford to pay for therapy, and a separate suicide prevention stream is designated to help people who have been identified as acutely at risk of suicide regardless of their financial status.

Western Sydney Primary Health Network (WSPHN) aims to continue increasing the mental health services delivered in western Sydney in partnership with WSLHD via a commissioning model which allows local providers to address gaps in the mental health services that most affect their local community and thereby reduce risk of further decline in patient health status.

Primary mental health care services should be delivered under a stepped care approach as part of reforms implemented by the Commonwealth Department of Health.

This approach will support people to access services based on their needs, at the right time.

This activity will:

Provide clear and accessible pathways to care for people with mental health concerns at all levels of intensity/acuity.

This service will continue to improve patient outcomes through working collaboratively with health professionals and services to integrate and facilitate a seamless patient experience.

Description of Activity *

This activity will provide psychological support and reduce barriers to service access by engaging local mental health professionals to provide services to vulnerable people within western Sydney. The regional needs assessment identifies groups experiencing vulnerability in western Sydney including perinatal women, children, young people with moderate to severe levels of psychological distress, people who identify as LGBTIQ, older people and diverse cultural and language groups. Specialised skills to work with these priority groups forms the basis of the recruitment and selection of mental health professionals in western Sydney with current providers offering psychological supports across these groups including services in 27 different languages.

1. Primary Mental Health Care Services (PMHC) Contracted primary mental health professionals – to provide (activity-based) psychological services to vulnerable people.
2. Expansion Primary Mental Health Care Services (PMHC) to priority areas: Children, Youth and their Families, Aboriginal and Torres Strait Islanders, Perinatal, CALD, LGBTIQ, Elderly, Co-morbidity & Suicide Prevention (see priority area 5)
3. WSPHN will continue its collaboration with the WSLHD, peak bodies and local partners to implement local strategies to engage and address the needs of “at-risk” populations and health professionals who support them.

Primary mental health care services should be delivered under a stepped care approach as part of reforms implemented by the Commonwealth Department of Health.

This approach will support people to access services based on their needs, at the right time. This activity will:

- Provide clear and accessible pathways to care for people with mental health concerns at all levels of intensity/acuity.
- Incorporate strategic and operational design of Stepped Care service delivery.
- Incorporate and monitor a stepped care approach as part of commissioning mental health models of service.
- Provide referrers and service providers understanding on how to navigate, refer to and provide services using a stepped care approach.
- Identify current and future workforce and service gaps/deficits, oversupply, and/or distribution.
- Implement a range of strategies and programs to support local GPs to identify target groups and specific vulnerable groups

experiencing mental health conditions to;-
a) Improve referral processes
b) Increase workforce capacity and capability
c) Improve access to services.

Needs Assessment Priorities *

Needs Assessment

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
People with Severe and Complex Mental Illness	25



Activity Demographics

Target Population Cohort

This activity is for western Sydney residents experiencing mental health distress and barriers to accessing psychological support through Better Access. This includes people who experience financial hardship or are part of a priority group identified through our Regional Needs Assessment.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

2. Facilitates culturally appropriate Mental Health supports for Aboriginal and Torres Strait Islander people experiencing a mental health issue

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Dural - Wisemans Ferry	11502
Auburn	12501
Merrylands - Guildford	12503
Baulkham Hills	11501
Pennant Hills - Epping	12601
Rouse Hill - McGraths Hill	11504
Ryde - Hunters Hill	12602
Carlingford	12502
Mount Druitt	11603
Blacktown	11601
Blacktown - North	11602
Parramatta	12504



Activity Consultation and Collaboration

Consultation

1, 2, and 3 - WSPHN work with key representatives from the LHD, GPs, mental health service providers, and consumer and carer representatives.

Additionally, WSPHN conducts quarterly Professional Development events in conjunction with the Mental Health Professionals Network (MHPN) meeting for all mental health providers in our region. This networking event is a way of informing and connecting mental health providers, as well as supporting the quality and consistency of service delivery in our region.

Collaboration

All referring agents, including GPs, schools, allied health providers, specialists and mental health providers currently engaged with WSPHN. This includes the Local Health District and a number of key non-government organisations.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Not Applicable

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Summary of activity changes for Department

Activity Status

Ready for Submission



MH - 4000 - MH 4 - Mental health services for people with severe and complex mental illness



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

4000

Activity Title *

MH 4 - Mental health services for people with severe and complex mental illness

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

Other Program Key Priority Area Description**Aim of Activity ***

To commission mental health services for people with severe and complex mental illness.

1. Provide specialist mental health care to families in the perinatal and infancy stages dealing with a significant mental health disorder.
2. Provide services to people discharged from hospital following a mental health admission who require ongoing primary care support in the community.
3. Enhance the mental health knowledge, skills and capacity of GPs, including through the integration of psychiatric services into the primary care model to support general practice teams in their provision of more complex mental health care.
4. Deliver psychoeducation, counselling, navigation support and lifestyle/wellbeing group interventions for cultural groups in the Western Sydney region identified as requiring targeted support.
5. Focus on strengthening and coordinating referral pathways and connections between culturally and linguistically diverse community groups, general practitioners, allied health providers, government agencies, health services and other community

services.

6. Provide a physical and sensory safe space for people in distress to go and receive support to manage their mental health crisis, through promotion of their wellbeing, the provision of non-clinical support to manage their distress, both current and in the future, and through offering an alternative to emergency department presentations.

7. Provide a wraparound treatment and case coordination service in a residential and therapeutic setting for patients with drug and alcohol dependence and co-occurring severe and complex mental illness.

8. Address the specific needs of LGBTIQ+ clients with refugee, migrant and asylum seeker backgrounds through building strengths and resilience, and promoting self-help and support.

9. To increase the availability of drug and alcohol treatment services for individuals with co-occurring severe and complex mental illness in the community. This activity will incorporate priority group funding for access for families, people in transition from prison and also other priority population areas such as those from CALD background, LGBTIQ communities, homeless people, young people and/or Aboriginal and Torres Strait Islander people.

10. To support the delivery of culturally appropriate primary health care to ensure the mental health needs of CALD communities are met.

11. In collaboration with WSLHD, the WSPHN developed a regional plan in line with the Fifth National Mental Health Plan. The plan is guided by the stepped care model and the ecological framework which will be supported by a robust and consistent data collection process. WSPHN project team will lead the implementation of the regional plan

Description of Activity *

1. Comprehensive specialist mental health care for families with a significant mental health disorder occurring in the perinatal and infancy stages, through the provision of psychiatric assessment, individual, couple and parent-infant psychotherapy, group work, linkages to home supports, pharmacotherapy management, onward referrals to relevant programs, DBT, counselling, and consultation and liaison with midwifery, obstetrics, paediatric and GP professionals.

2. Supports people leaving hospital who require assistance to transition to ongoing primary mental health care support in the community. Peer workers regularly meet with consumers and their carers and family members (with agreement) during discharge planning to identify and support the consumer to access community and outreach services. This is currently occurring in partnership with Cumberland and Blacktown hospitals, but will expand to include hospitals across the Western Sydney region. The service also facilitates social activities and workshops at hospitals to increase consumer engagement.

3. An integrated care model whereby a Psychiatrist is employed to deliver services to patients experiencing severe and complex mental health conditions in a primary care setting. The Psychiatrist is appointed to participating General Practices and/or Patient-Centred Medical Homes to deliver and provide capacity building services and network by case consultation with the General Practitioners as well as practice nurses and practice staff.

4. The project proposes to deliver psycho-education and lifestyle/wellbeing group interventions for prominent cultural groups in the Western Sydney region and its community members. Examples of activities to be provided include:

- Peer Leader Training and Support
- Culturally-adapted Accidental Counsellor training
- Residential program/camp with particular focus on intensive training for peer leaders
- Delivery of psycho-education and lifestyle/wellbeing group interventions for each cultural group and its community members
- Group interventions

5. Engaging with hospitals and community mental health teams in the Western Sydney region -the project will focus on strengthening coordination and referral pathways for people from culturally and linguistically diverse backgrounds with general practitioners, allied health providers, government agencies, health and welfare services.

6. A physical and sensory, supportive safe space which allows people experiencing psychological distress to access timely and responsive support from trained non-clinical mental health professionals within their community, outside a clinical setting. The program promotes the wellbeing of people through assistance and support with managing their distress, both current and in the

future, and fosters identification of alternatives to emergency department presentations. It will build an understanding of the Safe Space/Haven/Alternative to ED model and develop a new way of approaching the issue of crisis response options for people experiencing psychological distress and suicidality, catering to the special needs of the Western Sydney region. It will encourage focus on improved follow-up for people who have attempted suicide or are at high risk of suicide. It will avoid the significantly elevated costs associated with emergency department presentation for some people experiencing psychological distress and suicidality.

7. Provide a wraparound treatment and case coordination service in a residential and therapeutic setting for patients with drug and alcohol dependence and co-occurring severe and complex mental illness.

8. This Project proposes to deliver psychoeducation and lifestyle/wellbeing group interventions for LGBTIQ+ community members. The groups will enable participants to better identify signs of distress in themselves and develop appropriate coping strategies; develop mutually supportive relationships amongst the group members thus breaking social isolation and ensuring sustainable social support; reduce stigma associated with seeking mental health assistance; and increase knowledge and access to a variety of mental health services.

9. Services will provide functional recovery capacity, attitudinal and behaviour change skills for participants to achieve long term behaviour change with regard to drug or alcohol dependence and mental health rehabilitation. Services can be residential, day only or community outreach and are provided by a mixture of professional and peer workers. These projects will combine mental health and AOD treatment elements and short-term capacity building.

10. WSPHN will continue to expand its Refugee health focus whilst ensuring culturally appropriate and safe environments within western Sydney. Due to the complex nature of this activity, WSPHN will work to improve access to culturally appropriate, integrated primary care services for refugees by:

1. Working collaboratively with local migrant and settlement support services
2. Provide cultural input into the work of primary health providers including strengthening links with CALD communities
3. Increase the capacity of refugee-friendly primary care providers to work together to provide integrated care
4. Assist in the delivery of education activities for primary care providers
5. Provide cultural and linguistic input into health promotional initiatives
6. Improve equity of access and health literacy to meet the needs of the culturally diverse population.
7. Participate in the western Sydney Refugee Health Coalition to identify emerging issues and co-design possible solutions
8. This service will continue to improve patient outcomes through working collaboratively with WSLHD and health professionals and services to integrate and facilitate a seamless patient experience.

Needs Assessment Priorities *

Needs Assessment

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
People with Severe and Complex Mental Illness	25



Activity Demographics

Target Population Cohort

People in the Western Sydney PHN region who are experiencing severe and complex mental health condition who can be supported at a primary care level or who are transitioning from hospital-based intervention to a community provider.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments**Coverage****Whole Region**

Yes

SA3 Name	SA3 Code
Dural - Wisemans Ferry	11502
Auburn	12501
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Baulkham Hills	11501
Pennant Hills - Epping	12601
Rouse Hill - McGraths Hill	11504
Ryde - Hunters Hill	12602
Carlingford	12502
Mount Druitt	11603
Blacktown	11601
Blacktown - North	11602
Parramatta	12504

**Activity Consultation and Collaboration****Consultation**

Consultation was made with several GPs, GP associations, community service providers, and mental health providers who indicated:

- What gaps there currently are for clients within the mental health and psychosocial support systems
- What supports are currently available – successful programs, wait lists, concerns, etc.
- When supports should be available – weekends, after hours, etc.
- Services which would benefit from expansion or greater client capacity

Collaboration

Extensive collaboration has occurred to ensure integrated service provision for people experiencing severe and complex mental illness. This includes consumers, Peer workers, general practices, LHD Acute mental health services, emergency departments, key CMOs such as St John of God (SJOG), Flourish, One Door, STARTTS, Community Restorative Centre (CRC), SVDP, We Help Ourselves (WHO), mental health nurses and culturally specific organisations



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2022

Service Delivery Start Date

Service Delivery End Date

30/06/2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Not Applicable

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Summary of activity changes for Department

Activity Status

Ready for Submission



MH - 5000 - MH 5 - Community based Suicide Prevention activities



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

5000

Activity Title *

MH 5 - Community based suicide prevention activities

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description

Aim of Activity *

To commission community-based suicide prevention services as follows:

1. PMHC Suicide Prevention Service (SPS) aims to address issues of people who are at heightened risk of self-harm and suicidal ideation.
2. Provide culturally sensitive and safe counselling services to Aboriginal and Torres Strait Islander people.

Description of Activity *

1. PMHC Suicide Prevention Service (SPS) has expanded and is now commissioning a significant number of mental health professionals who can respond within 24 hours and provide an appointment within 72 hours to referrals for people identified with an elevated risk of suicide. Over 30% of current PMHC providers are registered to provide this category of support. Given the nature of this issue, we do not limit this service to low income earners. Instead, this service is there to support anyone in the western Sydney PHN region who needs support in relation to self-harm and suicide and clients who may have accessed other suicide prevention services commissioned by WSPHN .
2. Provision of culturally sensitive and safe counselling services to Aboriginal and Torres Strait Islander people.

Needs Assessment Priorities *

Needs Assessment

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
Comorbidities - People with Chronic, Complex Conditions and Mental Illness : Access and affordability	23
Comorbidities - People with Chronic, Complex Conditions and Mental Illness : Health literacy (navigation of the health system and social support)	23
People Experiencing Mild to Moderate Mental Illness	22



Activity Demographics

Target Population Cohort

All activities listed above will be publicly available to residents of Western Sydney and aim to increase early access to support. Additionally, any clients experiencing mental health distress and who present to GP practices, mental health services providers, community groups or organisations, and schools will also be directed to these services. Activity 1, will specifically target people at risk of suicide and/ or people with elevated risk factors requiring face to face services.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

2 - Counselling for Aboriginal and Torres Strait Islander people.

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Dural - Wisemans Ferry	11502
Auburn	12501
Merrylands - Guildford	12503
Baulkham Hills	11501
Pennant Hills - Epping	12601
Rouse Hill - McGraths Hill	11504
Ryde - Hunters Hill	12602
Carlingford	12502
Mount Druitt	11603
Blacktown	11601
Blacktown - North	11602
Parramatta	12504



Activity Consultation and Collaboration

Consultation

WSPHN has consulted in a structured manner key representatives from different organisations across Western Sydney, GPs, LHD, non-government organisations (NGO), community managed organisations (CMO) and mental health professionals who are consulted in developing strategies on commissioning and delivery of services across the priority areas in western Sydney.

Collaboration

Commissioned services are empowered to work with one another to better coordinate service integration, which enables patients to transition seamlessly between stages of care as required.

Several workshops and consultation were conducted to bring together providers and facilitate the operational alignment of care, as the consumer navigates the various services.

Initiatives work closely with all referring agents (GPs, schools, allied health providers and specialists) and mental health providers currently engaged with WSPHN. This includes the LHD and a number of key NGOs.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Not Applicable

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Summary of activity changes for Department

Activity Status

Ready for Submission



MH - 5000 - MH 5 - ATSI Community based Suicide prevention activities



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

5000

Activity Title *

MH 5 - ATSI Community based Suicide prevention activities

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

To commission community-based suicide prevention services as follows:

1. PMHC Suicide Prevention Service (SPS) aims to address issues of people who are at heightened risk of self-harm and suicidal ideation.
2. Provide culturally sensitive and safe counselling services to Aboriginal and Torres Strait Islander people.

Description of Activity *

1. PMHC Suicide Prevention Service (SPS) has expanded and is now commissioning a significant number of mental health professionals who can respond within 24 hours and provide an appointment within 72 hours to referrals for people identified with an elevated risk of suicide. Over 30% of current PMHC providers are registered to provide this category of support. Given the nature of this issue, we do not limit this service to low-income earners. Instead, this service is there to support anyone in the western Sydney PHN region who needs support in relation to self-harm and suicide and clients who may have accessed other suicide prevention services commissioned by WSPHN.

2. Provision of culturally sensitive and safe counselling services to Aboriginal and Torres Strait Islander people.

Needs Assessment Priorities *

Needs Assessment

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
Vulnerable Populations: Veterans	11
Comorbidities - People with Chronic, Complex Conditions and Mental Illness : Access and affordability	23
Comorbidities - People with Chronic, Complex Conditions and Mental Illness : Health literacy (navigation of the health system and social support)	23
People Experiencing Mild to Moderate Mental Illness	22



Activity Demographics

Target Population Cohort

All activities listed above will be publicly available to residents of Western Sydney and aim to increase early access to support. Additionally, any clients experiencing mental health distress and who present to GP practices, mental health services providers, community groups or organisations, and schools will also be directed to these services. MH 5.1 will specifically target people at risk of suicide and/ or people with elevated risk factors requiring face to face services.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

2. counselling for Aboriginal and Torres Strait Islander people.

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Dural - Wisemans Ferry	11502
Auburn	12501
Merrylands - Guildford	12503
Baulkham Hills	11501
Pennant Hills - Epping	12601
Rouse Hill - McGraths Hill	11504
Ryde - Hunters Hill	12602
Carlingford	12502
Mount Druitt	11603
Blacktown	11601
Blacktown - North	11602
Parramatta	12504



Activity Consultation and Collaboration

Consultation

WSPHN has consulted in a structured manner at key decision points with key representatives include, GPs, LHD, NGOs (like headspace), ACCHOS, CMOs, Baabayn and mental health professionals who are consulted in developing strategic directions on commissioning and delivery of services across the priority areas in Western Sydney.

Collaboration

Initiatives work closely with all referring agents (GPs, schools, allied health providers and specialists) and mental health providers currently engaged with WSPHN. This includes the LHD and a number of key NGOs.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Not Applicable

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



Summary of activity changes for Department

Activity Status

Ready for Submission



MH - 6000 - MH 6 - Aboriginal and Torres Strait islander Health Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

6000

Activity Title *

MH 6 - Aboriginal and Torres Strait islander Health Services

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 6: Aboriginal and Torres Strait Islander mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The aim is to commission focused Aboriginal and Torres Strait mental health and well-being services to support mental health clients.

1. Mental Health and Wellbeing programs focused on prevention and early intervention
2. Mental health program is focussed on supporting vulnerable people in the community, including Aboriginal men and women at risk of suicide in Mount Druitt.
3. To provide culturally appropriate mental health supports to Aboriginal and Torres Strait Islander people across the Western Sydney region at no cost to the client;
4. To support Aboriginal and Torres Strait Islander clients and their families with co-morbid mental health and AOD issues by expanding the availability of rehabilitation options.

Description of Activity *

1. To support mental health service providers (i.e. Psychologists, social workers, mental health nurses and OTs) to deliver services and liaise between providers to alleviate some of the complexities community members often face when transitioning between services.
2. Provision of support and guidance to members of the community who present in crisis, particularly in relation to legal aid, family counselling, emergency accommodation and connecting with health services in the region. This service focuses on supporting Aboriginal men and women at risk of suicide in Mount Druitt.
3. Provision of mental health intervention and therapeutic counselling services to Aboriginal people in a way that is culturally sensitive and safe.
4. The service will support clients with co-morbidity issues as well as their families, through their treatment and wellness journey, utilising both internal services and referral pathways/linkages (such as legal, employment, medical, child and family care and housing).

Needs Assessment Priorities *

Needs Assessment

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
Vulnerable and at-Risk Populations	32
Improve Aboriginal and Torres Strait Islander people's access to high quality, culturally appropriate health care, including primary care and care coordination services.	n/a



Activity Demographics

Target Population Cohort

Aboriginal and Torres Strait Islander individuals and families requiring access to mental health services and a support network in western Sydney.

Mental health professional, carers, consumers and support staff, both Aboriginal and non-Aboriginal.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

ACCHOS, CMOs, Baabayn and mental health professionals are consulted in developing strategic directions to provide advice and guidance on commissioning and delivery of services across the priority areas in western Sydney.

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Dural - Wisemans Ferry	11502
Auburn	12501
Merrylands - Guildford	12503
Baulkham Hills	11501
Pennant Hills - Epping	12601
Rouse Hill - McGraths Hill	11504
Ryde - Hunters Hill	12602
Carlingford	12502
Mount Druitt	11603
Blacktown	11601
Blacktown - North	11602
Parramatta	12504



Activity Consultation and Collaboration

Consultation

WSPHN has consulted in a structured manner at key decision points with key representatives include, GPs, LHD, NGOs (like headspace), ACCHOS, CMOs, Baabayn and mental health professionals who are consulted in developing strategic directions on commissioning and delivery of services across the priority areas in Western Sydney.

Collaboration

Initiatives work closely with all referring agents (GPs, schools, allied health providers and specialists) and mental health providers currently engaged with WSPHN. This includes the LHD and a number of key NGOs.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Not Applicable

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Summary of activity changes for Department

Activity Status

Ready for Submission



MH - 9000 - The Way Back Support Service - Suicide prevention



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

9000

Activity Title *

The Way Back Support Service - Suicide prevention

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to improve access to high-quality aftercare to support at risk individuals to stay safe, improve links with clinical and community-based services to meet individual needs and circumstances, improve the capacity and capability of The Way Back workforce to support individuals, and ultimately contribute to reducing the risk of suicide (re)attempts for individuals experiencing a suicidal crisis or who have made a suicide attempt.

Description of Activity *

The purpose of TWBSS is to provide psychosocial support for people experiencing a suicidal crisis or who have attempted suicide. The service provider will use a non-clinical, assertive outreach approach in line with the service model designed by Beyond Blue to provide effective follow-up support for people who have attempted suicide or experienced a suicidal crisis in the Western Sydney area.

The provision of this support aims to ensure that support is accessible and responsive to the day to day needs of the individual client by ensuring that the support provided is characterised by proactive, sustained and persistent efforts to reach and maintain contact with clients of The Way Back Support Service in different settings and at times that are mutually suitable. Assertive outreach offers a partnership approach with the client, empowering them to improve their safety and quality of life. Psychosocial support through The Way Back is available for up to three months.

Needs Assessment Priorities *

Needs Assessment

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
Suicide prevention	26



Activity Demographics

Target Population Cohort

Any person within the western Sydney PHN region who has attempted suicide or is experiencing a suicidal crisis, including those - presenting to a hospital emergency department or community mental health service.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

The Way Back Support Service is a collaborative program funded by Beyond Blue, to be carried out through WSPHN, WSLHD and a commissioned service provider. Extensive consultations took place with Beyond Blue and WSLHD in ensuring The Way Back was specific to the needs of the Western Sydney community.

Collaboration

The Way Back Support Service is a collaborative program funded by Beyond Blue, to be carried out through WSPHN, WSLHD and a service provider.



Activity Milestone Details/Duration

Activity Start Date

31/10/2020

Activity End Date

29/06/2022

Service Delivery Start Date

18/01/2021

Service Delivery End Date

30/06/2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

TWB was designed by Beyond Blue, in collaboration with a wide variety of stakeholders

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Summary of activity changes for Department

Activity Status

Ready for Submission

Subject	Description	Commented By	Date Created
Program commencement	Tender released in 2019-20. Services to commence in 2020-21. Funding moved from FY 2019-20 to FY 2020-21	Margie Drake	21/05/2021



MH-Op - 1000 - Operational



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-Op

Activity Number *

1000

Activity Title *

Operational

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Needs Assessment

Priorities



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

Ready for Submission



MH-CV19 - 1 - COVID-19 Mental Health In-Reach Services for Older Australians



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-CV19

Activity Number *

1

Activity Title *

COVID-19 Mental Health In-Reach Services for Older Australians

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description



Aim of Activity *

This activity will implement social activities, engagement circles, skill-sharing activities, and COVID-safe outdoor gatherings - advertised through RACF's and community centres – to encourage socialising and decrease the risk of loneliness.

Description of Activity *

The program will host a range of creative activities, engage heavily with residential homes and older persons residing in the community, have Counsellors and Mental Health trained workers available for clients, and encourage connections between the attendees outside the organised activities.

An additional activity is a Navigator program which will employ Coordinators and Clinicians who are able to assist Older Australians, their carers and families, to navigate the system and find the appropriate care for their circumstances – as well as assisting with referral pathways.

Needs Assessment Priorities ***Needs Assessment**

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
Vulnerable and at-Risk Populations	32
People with Severe and Complex Mental Illness	25
Aged Care	14
People Experiencing Mild to Moderate Mental Illness	22

**Activity Demographics****Target Population Cohort****In Scope AOD Treatment Type *****Indigenous Specific ***

No

Indigenous Specific Comments**Coverage****Whole Region**

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

31/12/2020

Activity End Date

30/12/2021

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

Ready for Submission



MH-CV19 - 2 - COVID-19 Mental Health Services for CALD Communities



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-CV19

Activity Number *

2

Activity Title *

COVID-19 Mental Health Services for CALD Communities

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

To promote the availability of mental health services and supports associated with the mental health response to the pandemic to CALD groups in the region; and to build the capacity of services to meet the increased need.

Description of Activity *

This activity will employ peer workers and bi-cultural counsellors, to engage with culturally and linguistically diverse communities in Western Sydney to establish social groups and decrease the risk of loneliness prevalent in communities which are already known to feel isolated and less engaged.

Needs Assessment Priorities *

Needs Assessment

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
Vulnerable Populations: CALD / Refugee Groups	11
Social and Emotional Wellbeing: Health literacy (navigation of the health system and social support)	36
Health Literacy and Cultural Competency	35
Vulnerable and at-Risk Populations	32
Coordination and Integration of Services	2
Culturally and Linguistically Diverse Community	20
People Experiencing Mild to Moderate Mental Illness	22



Activity Demographics

Target Population Cohort

Older people from Culturally and Linguistically Diverse groups; and vulnerable people of a CALD background experiencing social isolation.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

31/12/2020

Activity End Date

30/12/2021

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

Ready for Submission



MH-CV19 - 3 - COVID-19 Enhanced MH Services for Aboriginal and Torres Strait Islander Communities



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-CV19

Activity Number *

3

Activity Title *

COVID-19 Enhanced MH Services for Aboriginal and Torres Strait Islander Communities

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

To reduce the impact of the pandemic on the mental health and wellbeing of Aboriginal and Torres Strait Islander people by boosting the capacity of existing services and workforce to deliver counselling services as restrictions are lifted.

Description of Activity *

The Aboriginal Counselling Institute will provide Aboriginal Counselling through a Counsellor (0.4 FTE) and a Peer Worker (0.4)FTE to work with people struggling with social isolation.

The focus will be on providing face to face (where deemed safe), education and resources for groups of Aboriginal young people aged 12-24 years with Individual/group counselling and or support.

Education and resources will be provided through the implementation of a social media campaign and the creation of psycho-education resources which will be utilised to develop confidence within our Aboriginal youth to deal with a range of issues relating to Mental Health, and COVID – 19.

Needs Assessment Priorities *

Needs Assessment

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
Social and Emotional Wellbeing: Health literacy (navigation of the health system and social support)	36
Vulnerable and at-Risk Populations	32
Children and Young People: high levels of psychological distress	20

People Experiencing Mild to Moderate Mental Illness	22
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Activity Demographics

Target Population Cohort

Aboriginal and Torres Strait Islander people struggling with the effects of the pandemic.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

Advertising the availability of services throughout their networks, this includes through other services they work with i.e Marrin Weejali, Baabayan and The Shed, on social media and with current clientele.

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/11/2020

Activity End Date

29/11/2021

Service Delivery Start Date

1/12/2020

Service Delivery End Date

30/11/2021

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): Yes
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

Ready for Submission



MH-CV19 Op - 3 - COVID-19 Mental Health Operational



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-CV19 Op

Activity Number *

3

Activity Title *

COVID-19 Mental Health Operational

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Needs Assessment

Priorities



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

Ready for Submission