

Help2WIN

Help when and where it is needed



Why it is important

Young people with psychosocial complexity continue to present in acute crisis at emergency departments. There is difficulty in making referrals to local mental health community treatment teams, and a lack of access to rapid follow up options.

Partners involved

Help2WIN is delivered as a partnership between the Sydney Children's Hospitals Network, WentWest (Western Sydney Primary Health Network), NSW Department of Communities and Justice, Western Sydney Local Health District, and NSW Department of Education.

Aim of the project

The Help2WIN team provides a short term wrap around service for young people with mental health and/or complex social concerns. The team looks at the needs of the young person and their families and identifies what support they may benefit from. The goal is to help young people navigate and link to appropriate services close to home.

Where we are at

A multi-disciplinary team based at Children's Hospital Westmead provide the following services:

Aboriginal health worker

- support, advocacy and outreach for Aboriginal children and families

Clinical psychologist

- individual sessions
- expert clinical advice in management plans
- co-ordination of case meeting for young people with multiple agencies

Mental health clinical nurse consultant

- mental health assessment
- referrals to community services
- risk management and safety planning

Social worker

- individual and family sessions
- co-ordination of services

Youth peer support worker

- support, advocacy and community outreach



Contact

If you would like to find out more about this project please email:

schn-help2win@health.nsw.gov.au