

2021



# Want to be a part of our Western Sydney HealthPathways Program?

Western Sydney HealthPathways was launched in 2013 as a partnership between the Western Sydney Primary Health Network (WSPHN), the Western Sydney Local Health District (WLSLHD), and the Sydney Children's Hospitals Network (SCHN). HealthPathways is the first online health information platform empowering clinicians with localised, evidence-based care and data-driven supporting resources to make the right decisions, together with patients, at the point of care.





## WSLHD Haematologist Dr Kris Ma

Dr Kris Ma works as a Haematologist for WSLHD and recommends HealthPathways as a useful tool for addressing complex clinical issues.

*"I think HealthPathways is most beneficial when a clinician comes up with a problem outside their clinical specialty, where a quick answer is needed. The clinician may be able to address the clinical issue directly through the instructions documented in HealthPathways, or at least be directed to the most appropriate personnel, thereby saving time and effort."*

The HealthPathways platform currently encompasses more than 560 pathways, with additional pathways added each month. Existing pathways are reviewed to ensure safe and clinically relevant content is available.

The vision for the Western Sydney HealthPathways platform is to enable a network of people in health systems to share and adopt clinical pathways to support:

- Improved quality, safety, and experience of care for patients
- Improved experience of care for health professionals
- Health and equity for all populations
- Best value for health system resources

In 2021, HealthPathways expanded its pathways and resources to provide clinical information for health professionals across a variety of medical fields. The HealthPathways team has worked collaboratively to ensure Western Sydney primary care service providers are equipped to deliver the right support for community members.

# Contents

---

1.	Newly published pathways in 2021	4
2.	New pathway categories in development for 2022	5
3.	Clinical experts involved in pathways	6
4.	Engagement statistics 2021	6
5.	GP Needs Survey results	7
6.	Top 10 pathways categories accessed by clinicians in 2021	7
7.	Ways to access HealthPathways	9
8.	GoShare: Digital Information Direct to Patients	9
9.	Western Sydney HealthPathways contacts	11



## Newly published pathways in 2021



Physical Assault and Injury Recording



Determine Injury Type



Strangulation



Cardiology Advice



Anxiety in Children and Adolescents



Rash in Unwell Children



COVID-19 Vaccination Resources



COVID-19 Vaccination Procedure



COVID-19 Vaccine-induced Thrombosis with Thrombocytopenia Syndrome (TTS)



Myocarditis and Pericarditis After mRNA COVID-19 Vaccines



COVID-19 Isolation Support



COVID-19 Case Management Tools and Resources



COVID-19 Case Management - Shared Care



COVID-19 PPE, Infection Control, and Exposure Response



COVID-19 Self-care Patient Triage and Support



Familial Cancer Syndromes



Urgent Genetic Health Assessment



Non-urgent Genetic Health Assessment



Genetic Health Advice



Child and Youth Counselling



GP Eating Disorders Treatment Plan



Taking Medical Photographs



Cannabis Medicines

Number of updated  
pathways in 2021

97

Full Reviews

295

Partial  
Updates

Total number of  
live pathways as of  
December 2021

576

## New pathway categories in development for 2022



Child and Youth Mental  
Health



Perinatal Mental Health



Radiation Oncology



Oral Health



Skin Lesions and  
Melanoma



Endocrinology



Assault or Abuse



## WSLHD Paediatrician Dr Stephen Brancatisano

WSLHD Department of Paediatrics and Neonatology  
Acting Co-Head of Department and Staff Specialist  
Dr Stephen Brancatisano highlights the significance  
HealthPathways has for primary care providers.

*"The health care system continues to become increasingly complicated, and with a focus on admission-avoidance and promoting care closer to home, supporting primary care providers to navigate the system is crucial. HealthPathways facilitates the standardisation and quality of care delivered to patients in primary care settings in Western Sydney and provides a clear and consistent referral process to secondary and specialist services by using locally-agreed and expert-verified web-based pathways."*

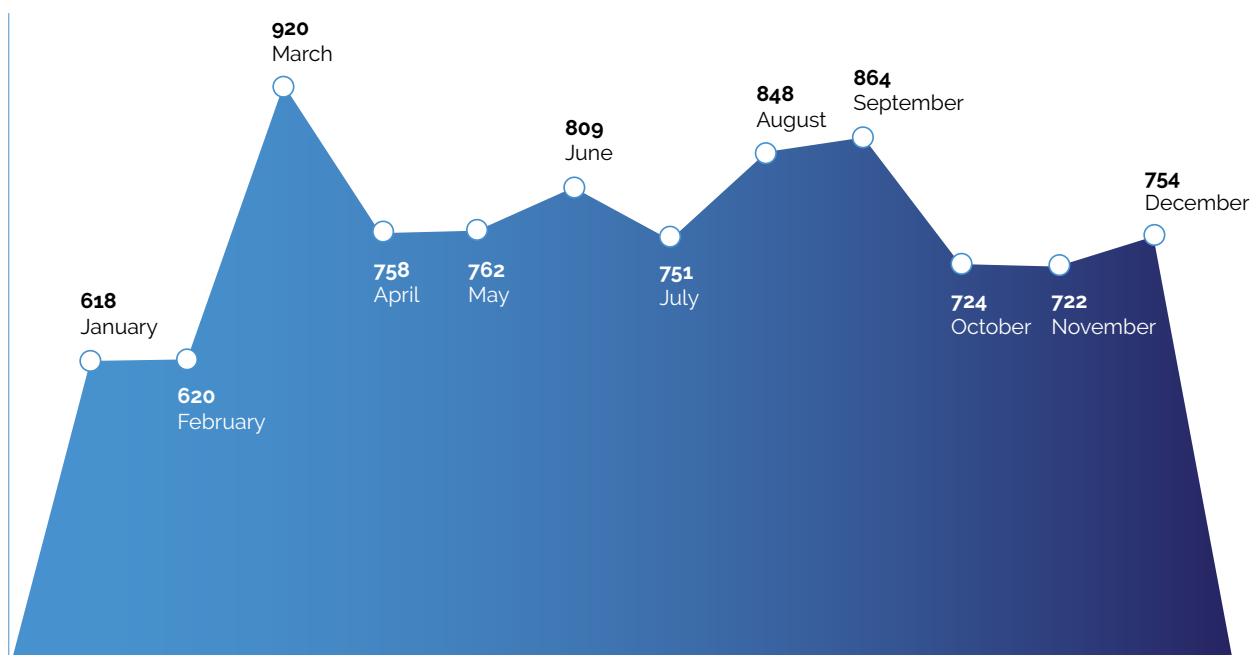
## Clinical experts involved in pathways

The information in HealthPathways is developed by the local HealthPathways clinical editorial team, in collaboration with WSLHD and SCHN clinical directors, subject matter experts, including medical, dental, nursing, allied health specialists, pharmacists and general practitioners, and representatives from across the pathway of care. More than 550 Western Sydney experts are involved. For more information about the pathway development process, see [Pathway Development and Approval](#).

Use the login details below to access HealthPathways:

**Username:** health  
**Password:** w3stern

## Number of users per month



## Engagement statistics 2021

151,347

Total page visits

5,154

Number of unique visitors

3.35

Average number of pages per visit



## GP Needs Survey Results

Half of Western Sydney GPs who answered the 2020 GP Needs Survey rated the performance of HealthPathways as 'high' or 'very high' in improving the quality of information provided to patients, and 47% rated it 'high' or 'very high' in improving knowledge of local specialist services.

HealthPathways currently has 5,183 users and had 137,572 page views during the last financial year.

## Top 10 pathways categories accessed by clinicians in 2021



COVID-19 Ongoing Assessment and Management



Antenatal - First Consult



COVID-19 Initial Assessment and Management



COVID-19 Vaccination Information



COVID-19 Information



COVID-19 Case Management - Full Care



COVID-19 Referrals



Antenatal Care - Routine



COVID-19 Community Support



COVID-19 Vaccination



## Dr Aurora Yu

Dr Aurora Yu is a general practitioner at Hills Family General Practice and has used HealthPathways since it was first launched. Dr Yu uses HealthPathways daily to check local hospital referral procedures, stay updated with the latest disease clinical advice, and provide information resources for her patients.

*"HealthPathways takes away the stress of having to remember all of the latest health information – it means I can provide my patients with relevant, localised advice and quality patient care."*

Dr Yu regularly accesses HealthPathways for day-to-day clinical information and local referral pathways, such as for bowel cancer screening, a nurse-led liver clinic, or cardiology rapid access and stabilisation clinic. During the COVID-19 lockdown, Dr Yu's experience with HealthPathways helped her support a patient at high risk of coronary heart disease access timely, local support:

*"The patient I was seeing was in the post-menopausal age group and had a strong family history of heart disease and a history of unstable angina when exercising. The patient wanted to go through the public health system, so I checked on HealthPathways to find a suitable referral option for a local cardiology clinic. Because my patient was communicative and following advice, she didn't fit the criteria to go to an emergency department, but she needed help and was worried about her condition deteriorating. Looking on HealthPathways, I realised there was a section for urgent cardiology assessments under the cardiology referrals page. This was ideal as I was able to connect the patient to a cardiology rapid access and stabilisation clinic. My patient met their intake criteria and having spoken to their team, my patient was seen within a week of the initial phone call. Her tests identified some major issues and they realised she needed open-heart surgery. One month on, and my patient is now in recovery from a surgery that probably saved her life. The care and follow up she has received has been excellent. This is a local urgent care service I would never have known about if it wasn't for HealthPathways. Having access to localised clinical knowledge is invaluable."*



## Ways to access HealthPathways

The Western Sydney HealthPathways website is accessible to all health professionals in Western Sydney.

Use the login details below to access HealthPathways:

**Username:** health

**Password:** w3stern



WSLHD Staff can access Western Sydney HealthPathways (no login required) via:

- WSLHD intranet applications page
- WSLHD intranet HealthPathways page

SCHN Staff can access Western Sydney HealthPathways (no login required) via:

- SCHN intranet applications page
- SCHN intranet home page

## GoShare: Digital Information Direct to Patients

GoShare Healthcare is an innovative online tool for health staff to customise and send educational information and resources to patients and carers as part of their routine practice workflow.

Patients can receive health information quickly and easily via email and SMS in multiple formats, including video, text, animation, website or app links to accommodate a range of learning styles. Scheduling functionality is also available, enabling content to be sent automatically over a defined period, providing a highly scalable approach to patient education.

Health organisations, health practitioners and clinicians are given access to digital content bundles, including a substantial library of credible, timely and relevant educational resources for patients. These evidence-based tools have been developed by Australia's leading health organisations or in partnership with health experts.

**WentWest, the Western Sydney Primary Health Network, commissioned GoShare in November 2017 for use in primary care settings and extended access to the service to WSLHD health care staff in July 2020.**

For more information on how to access and utilise the GoShare platform, visit the Western Sydney HealthPathways GoShare page or email the WentWest HealthPathways team at: [healthpathways@wentwest.com.au](mailto:healthpathways@wentwest.com.au)

For WSLHD staff, email the WSLHD GoShare coordinators at: [WSLHD-GoShare@health.nsw.gov.au](mailto:WSLHD-GoShare@health.nsw.gov.au)



GoShare is password protected and available for free to all health care staff in Western Sydney.



## Thank you

The HealthPathways Team would like to express their sincere gratitude to Western Sydney Community Clinicians, WSPHN, WSLHD, and SCHN department directors, heads of departments, managers, and clinical experts.

Thank you for the time and expertise you've given to review and contribute to the growing number of pathways in 2021.

# Western Sydney HealthPathways contacts

To learn more about HealthPathways and GoShare  
contact the HealthPathways Program Team:



*Western Sydney Primary Health Network*  
Senior Program Manager – Partnerships & PCCG

Scott Walters

Phone: 8811 7100

Email: [healthpathways@wentwest.com.au](mailto:healthpathways@wentwest.com.au)



**Health**  
Western Sydney  
Local Health District

*Western Sydney Local Health District*  
Integrated HealthPathways Manager

Julianne Bogdanovski

Mob: 0408 415 923

Email: [julianne.bogdanovski@health.nsw.gov.au](mailto:julianne.bogdanovski@health.nsw.gov.au)



The Sydney  
**children's**  
Hospitals Network

*Sydney Children's Hospitals Network*  
Integrated Care Team

Email: [SCHN-IntegratedCare@health.nsw.gov.au](mailto:SCHN-IntegratedCare@health.nsw.gov.au)