

NEW

Dementia Care Navigator Service

Launched in Western Sydney

Western Sydney is home to over a million people, 53% of whom were born overseas, and 58% of whom speak a language other than English at home. With estimates that more than 436,000 Australians are living with dementia, and two-thirds of those living in community, it is crucial that people have access to free navigation tools to get the support they deserve.

WentWest, the Western Sydney Primary Health Network are funding the Dementia Care Navigator to help people from culturally and linguistically diverse backgrounds navigate the health system and access the right support services whilst seeking a dementia diagnosis or following a diagnosis.

What is the Dementia Care Navigator?

The Dementia Care Navigator is designed to support people from culturally and linguistically diverse backgrounds to learn about dementia, seek a diagnosis, connect with service providers, and access services at all stages of the dementia journey.

Who can Access it?

The Dementia Care Navigator service is available in Blacktown, Cumberland, Parramatta, and The Hills Local Government areas. It aims to connect people who speak a language other than English to government-funded dementia care services and supports. The service offers group information sessions, ongoing one-on-one support, expert advice, and access to translated resources and interpretation services.

The Dementia Care Navigator service is available to:

- ✓ Individuals who primarily speak English as a second language.
- ✓ Those concerned about their memory.
- ✓ People who suspect that someone they know may have dementia.
- ✓ Individuals living with dementia, along with their carers and families.



How to access the Dementia Care Navigator Service:

For more information, to register, or to refer to the service, scan the QR code, visit www.dementia.org.au/get-support or call the National Dementia Helpline at **1800 100 500**. Language assistance is available by calling **131 450**.



Additional Resources

Dementia Australia offers a wide range of resources for health professionals and community members, including [The Dementia Guide](#) available on their website.