

Boost your confidence in Child & Adolescent Mental Health Care

Are you a community clinician working in Western Sydney and interested in child and adolescent mental health? Looking to expand your knowledge and confidence with guidance from experienced mental health specialists?

Join COMPASS: Connecting Community Clinicians with Paediatric Mental Health Specialists

COMPASS is an innovative pilot trial designed to strengthen community-based paediatric mental health care.

COMPASS offers a collaborative paediatric mental health model, offering virtual access to:

- Expert-led Community of Practice (CoP) education sessions (monthly)
- Secondary consultations for clinical guidance and support
- A multidisciplinary network of peers and specialists

Guided by a Child and Adolescent Psychiatrist and a Mental Health Clinical Nurse Consultant, COMPASS aims to enhance your confidence in assessing and managing common mental health, developmental and behavioural concerns in children and young people, while supporting those awaiting specialist services.

Expert clinical support will be provided by:

- Dr Lisa Newlings, Child and Adolescent Psychiatrist, WSLHD
- Earle Durhiem, Mental Health Clinical Nurse Consultant, CHW ED

The trial will run **August 2026–December 2026**.

To participate, clinicians must:

- Be based in and provide services within the Western Sydney PHN region
- Conduct at least two clinical sessions per week with patients aged under 18 years
- Commit to the 5-month program (August–December 2026), including one-hour online Community of Practice sessions (one session per month) and when/if needed weekly secondary consultations.

This opportunity is open to community clinicians working within the Western Sydney region, including GPs, psychologists, paediatricians, mental health nurses, and allied health professionals.

Participating GPs can self-report up to 18 CPD hours!

Interested?



[View the Expression of Interest \(EOI\)](#)



EOI's close on Fri 31 July 5pm AEST

Submit your EOI or queries to Karen Wheeler, Research Assistant UNSW:

COMPASS_project@unsw.edu.au