

Western Sydney - NMHSPA Bilateral PHN Program

2023/24 - 2027/28

Activity Summary View



NAB-H2H - 1 - Adult Mental Health Centre and Satellite Network (Medicare Mental Health Centres)



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-H2H

Activity Number *

1

Activity Title *

Adult Mental Health Centre and Satellite Network Medicare Mental Health Centres

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description

Aim of Activity *

The Adult Mental Health Centres: a permanent mental health hub within Western Sydney to implement recovery -oriented, person-centred mental health interventions with clearly defined assessment and diagnostic tools that relate to the person's acuity and functional impairment, and which recognises the importance of non-health supports such as housing, justice, employment, and education, and emphasises cost-effective, community-based care.

Description of Activity *

The MMHC will offer face to face or telehealth support for clients, either referred through the Initial Assessment and Referral national line or via walk-in directly to the centres. A project team continues to work with commissioned provider to co-design the program in the first and second year of the launch while ensuring the satellite work in partnership with the Paramatta MMHC to

strengthen clinical, improve system integration..

WSPHN established MMHC in Blacktown. The Blacktown satellite will work in partnership with the Parramatta MMHC, WSLHD, and WSPHN to strengthen clinical governance, improve system integration, and expand the geographic reach of community based mental health services. Guided by the MMH model, Blacktown MMHC focus on crisis response, service navigation, in-house assessment, and delivery of short to medium -term, evidence-based care - including digital supports - for individuals with moderate to high mental health needs. A project team which was established during the implementation and co-design of the Paramatta MMHC will continues to work with commissioned providers to co-design the Blacktown Satellite and ensuring the support of clinical governance, administration efficiency and expand the geographic reach of community based mental health services, particularly in areas where there may be workforce or infrastructure challenges.

PHN data team/Health Intelligence Unit (HIU) and Commissioning teams supports continuous data quality improvement, track outcomes and service performance trend analysis, training, reporting, and preparation of 12 month performance reporting. The HIU ensures commissioned services are effectively monitored, aligned with strategic priorities (such as stepped care), and continually improved through evidence informed insights. The commissioning team is monitoring provider's performance and use data to improve or design service and ensure value for money outcomes. This also ensures that all commissioned services meet required standards, manage risks, and deliver high-quality care

Needs Assessment Priorities *

Needs Assessment

WSPHN Needs Assessment 2025 - 2028

Priorities

Priority	Page reference
Identified Priorities Pages 105 -109	105



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

As part of the procurement process for the adult mental health centre, we will undertake extensive consultation with appropriate stakeholders.

Collaboration

As part of the procurement process, we will collaborate with key stakeholders and NSW PHNs.



Activity Milestone Details/Duration

Activity Start Date

20/06/2023

Activity End Date

30/06/2026

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments





NAB-UAS - 1 - Universal Aftercare Services



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-UAS

Activity Number *

1

Activity Title *

Universal Aftercare Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

Universal Aftercare

Aim of Activity *

The aim of this activity is to fully implement the Universal Aftercare in Western Sydney.

- Support our commissioned provider to align with the Service Delivery Model and Aftercare Best Practice principles to improve access to high-quality, non-clinical aftercare services for eligible individuals in Western Sydney.
- Improve the capacity and capability of the Universal Aftercare workforce to support individuals, their carers and supports during a period of suicidal distress or crisis.
- Facilitate appropriate governance structures and mechanisms of support across early intervention, aftercare and postvention to ensure Universal Aftercare is integrated into the service landscape.
- Support the emerging Aftercare Lead roles in LHD by offering guidance on the opportunities and challenges of our local aftercare sector
- Maintain and administer local Community Collaboratives and Suicide Prevention Training to assist communities to build suicide prevention capacity and recover from suicide events

Description of Activity *

Adhering to the Universal Aftercare service model, WSPHN will continue to work in partnership with WSLHD, referring hospitals and our UAS service provider to provide better coverage and access for Western Sydney communities.

The development of local collaborative responses, training and capacity building for Universal Aftercare will be joint funding arrangement with support from WSPHN and WSLHD. The commissioned providers hold significant community and service knowledge in Western Sydney which can be leveraged to begin activity funded under this schedule, which includes:

- Development of the pre-existing Suicide Prevention Network as a conduit to elevating and including community voice, people with lived and living experience and other relevant stakeholders with a vested interests in responding to suicide.
- Support of existing Postvention Response Groups and the development of new responses in areas of need, as determined by the SPN and its membership
- Established a team which is working on improving data quality and performance of service providers as well as training and development opportunities

Systems Mapping with the sector to determine what training and capacity building activities need to be funded in the region, to avoid duplication and to maximise resource allocation .

Integration into the suicide prevention landscape will be facilitated under the Western Sydney Suicide Alliance, which is made up of membership across the spectrum of early intervention, aftercare and postvention. It includes, but is not limited to:

- The Universal Aftercare Governance Group
- The PHN/LHD Partnerships Group and associated working groups under the Joint Mental Health and Suicide Prevention Regional Plan
- WSLHD will engage a team which will coordinate the alliance with LHD, commissioned provider, MoH and other stakeholder to ensure the Aftercare activity are accessed across western Sydney.
- The Suicide Prevention Network
- The Postvention Response Groups
- Other groups that emerge to support the spectrum of Universal Aftercare activity

Expands an existing, evidence-informed youth aftercare model rather:

- Extend youth aftercare to the remaining LGAs in Western Sydney where no dedicated youth suicide aftercare exists
- Increase reach for young people experiencing suicidal distress or ideation, including support for carers, supporters and kin
- Allow the existing Universal Aftercare program to remain adult-specific and implement the Co-Design Report and the Service Delivery Guidelines with fidelity

PHN data team/Health Intelligence Unit (HIU) and Commissioning teams supports continuous data quality improvement, track outcomes and service performance trend analysis, training, reporting, and preparation of 12 month performance reporting. The HIU ensures commissioned services are effectively monitored, aligned with strategic priorities (such as stepped care), and continually improved through evidence informed insights. The commissioning team is monitoring provider's performance and use data to improve or design service and ensure value for money outcomes. This also ensures that all commissioned services meet required standards, manage risks, and deliver high-quality care. By integrating the provision of Universal Aftercare activities in with other suicide prevention activity required under the Bilateral agreement and TRISP (namely the development of a systems-change approach) we ensure that our response is region-specific, well-resourced and has appropriate mechanisms of support across the co-commissioning partners.

Needs Assessment Priorities *

Needs Assessment

WSPHN Needs Assessment 2025 - 2028

Priorities

Priority	Page reference
Identified Priorities Pages 105 -109	105



Activity Demographics

Target Population Cohort

Individuals following a suicide attempt and/or suicidal crisis.

In Scope AOD Treatment Type ***Indigenous Specific ***

No

Indigenous Specific Comments**Coverage****Whole Region**

Yes

**Activity Consultation and Collaboration****Consultation****Collaboration****Activity Milestone Details/Duration****Activity Start Date**

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date**Service Delivery End Date****Other Relevant Milestones**



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

Yes

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Previously co-commissioned between DoHAC, MoH and Beyond Blue.



NAB-HE - 1 - headspace Enhancement - Parramatta



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

1

Activity Title *

headspace Enhancement - Parramatta

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

- To enhance the current headspace centres located in Parramatta
- To increase access to coordinated multi-disciplinary care for young people aged 12-25
- To improve workforce attraction and retention

Description of Activity *

The Parramatta headspace centre will use the funding to address staffing vacancies and continue to recruit and retain staff, helping to minimise waitlists and better manage the high demand they are facing.

Needs Assessment Priorities ***Needs Assessment**

WSPHN Needs Assessment 2025 - 2028

Priorities

Priority	Page reference
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Activity Demographics

Target Population Cohort

Young people aged 12-25 years old.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



NAB-HE - 2 - headspace Enhancement - Castle Hill



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

headspace Enhancement - Castle Hill

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

- To enhance the headspace centre located in Castle Hill
- To increase access to coordinated multi-disciplinary care for young people aged 12-25
- To improve workforce attraction and retention

Description of Activity *

The Castle Hill headspace centre will utilise the funding to recruit staff (clinical or community based), dependent on the need experienced across FY25/26.

Needs Assessment Priorities ***Needs Assessment**

WSPHN Needs Assessment 2025 - 2028

Priorities

Priority	Page reference
Identified Priorities Pages 105 -109	105



Activity Demographics

Target Population Cohort

Young people aged 12-25 years old.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



NAB-HE - 3 - headspace Enhancement - Mt Druitt



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

3

Activity Title *

headspace Enhancement - Mt Druitt

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

- To enhance the current headspace centre located in Mt Druitt, with co-located services including YESS and EPYS youth mental health services
- To increase access to coordinated multi-disciplinary care for young people aged 12-25
- To improve workforce attraction and retention

Description of Activity *

The Mount Druitt centre will utilise the funding to recruit clinical, intake and administrative staff to reduce the risk of waitlists and manage the high demand being experienced.

The centre, being the base of multiple youth mental health services - including the Youth Enhanced Support Service (YESS) and Early Psychosis (EPYS) sees high demand, particularly for intake, initial assessments and clinical appointments - therefore the funding will be vital in supporting front-end support for young people with differing complexities.

Needs Assessment Priorities ***Needs Assessment**

WSPHN Needs Assessment 2025 - 2028

Priorities

Priority	Page reference
Identified Priorities Pages 105 -109	105



Activity Demographics

Target Population Cohort

Young people aged 12-25 years old.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments