

Boost your confidence in Child & Adolescent Mental Health Care

Are you a community clinician working in Western Sydney and interested in child and adolescent mental health? Looking to expand your knowledge and confidence with guidance from experienced mental health specialists?

Join COMPASS: Connecting Community Clinicians with Paediatric Mental Health Specialists

COMPASS is an innovative pilot trial designed to strengthen community-based paediatric mental health care.

COMPASS offers a collaborative paediatric mental health model, **offering virtual access** to:

- Expert-led Community of Practice (CoP) education sessions (monthly)
- Secondary consultations for clinical guidance and support
- A multidisciplinary network of peers and specialists

Guided by a Child and Adolescent Psychiatrist and a Mental Health Clinical Nurse Consultant, COMPASS aims to enhance your confidence in assessing and managing common mental health, developmental and behavioural concerns in children and young people, while supporting those awaiting specialist services.

Expert clinical support will be provided by:

- Dr Lisa Newling, Child and Adolescent Psychiatrist, WSLHD
- Earle Durham, Mental Health Clinical Nurse Consultant, CHW ED

The sessions will run: Oct & Nov 26, and Feb – April 2027.

Each session will have a different topic of focus:

October – Assessment and management plan, navigating pathways *In person launch session*

November – Suicidality, Depression & self-harm

February – Eating Disorders

March – Anxiety

April – Autism/complex cases, aggression

This opportunity is open to community clinicians working within the Western Sydney region, including GPs, psychologists, paediatricians, mental health nurses, and allied health professionals.

Participating GPs can self-report up to 18 CPD hours!

Interested?



[Watch the COMPASS trial overview video](#)



[View the Expression of Interest \(EOI\)](#)



EOI's close on Friday 18 September 5pm AEST

Submit your EOI or queries to Karen Wheeler, Research Assistant UNSW:

COMPASS_project@unsw.edu.au