

Initial Assessment and Referral Decision Support Tool (IAR-DST)

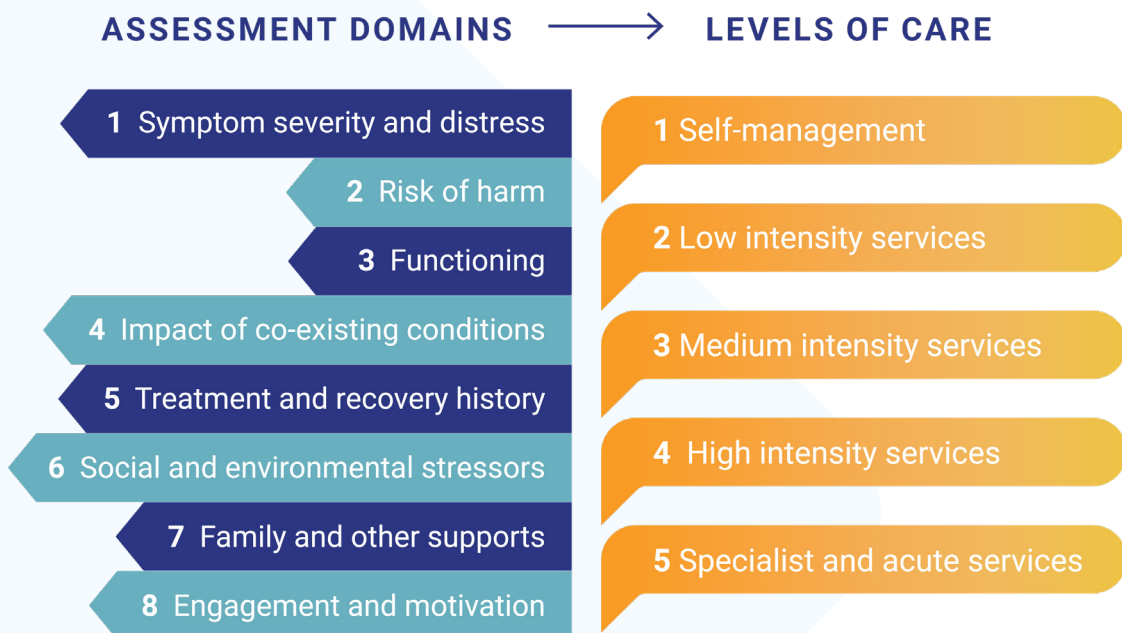
What is the IAR-DST?

The Initial Assessment and Referral Decision Support Tool (IAR-DST) provides support to clinicians on how to respond to people when they first ask for mental health support in primary care settings. By using a standardised, evidence-based approach to categorise mental health levels, patients can be connected to the most appropriate local care.

The IAR-DST is available on the Australian Government website: iar-dst.online

Why use the tool?

- The IAR tool will be used by all Commonwealth-funded mental health services and promotes a shared language surrounding mental health treatment needs
- IAR-DST supports clinicians' choice of referral for mental health consumers
- The tool helps identify and communicate essential information across eight assessment domains that is critical for referral and decision-making
- IAR-DST redefines the stepped care approach to mental health care by recommending a level of care based on the least intensive intervention that will likely lead to the best possible gain for mental health consumers
- Estimates or confirms mental health treatment needs within five defined levels of care while encouraging consumer - supported choice and decision-making



Find Out More

Learn more about IAR-DST and register for training at wentwest.com.au/IAR-DST

Register for an upcoming training: bit.ly/IAR-DST

Contact Sandra d'Arbon and Hannah Sanday to find out more about the IAR-DST:
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