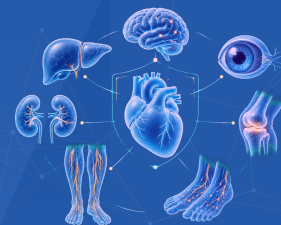


Masterclass

SERIES 2026 Beyond Glucose



ONLINE SESSIONS

Tuesdays

15 September – 10 November 2026

7pm – 8.30pm

FACE-TO-FACE DAY

Saturday 7 November 2026

9am – 4pm · PARKROYAL Parramatta

A seven-part evening online series you can join from anywhere plus a full day of practical, case-based learning for GPs, practice nurses, allied health and specialists. The day includes four concurrent streams running twice so you can build the program that fits your practice.

7

Tuesday evening sessions,
recorded to myINTERACT

8

Concurrent sessions on the day,
each run twice

50+

specialists, GPs and allied health
presenting

INSIDE THIS PROGRAM

- 2 · The Evening Series
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- 5 · Opening Plenary
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- 8 · Who It's For
- 9 · Faculty, Venue and Partners

Free to attend - register for both events on one form

Our sponsors cover the cost, so there is no charge to participants. Very few programs of this quality are free.

REGISTER VIA MYINTERACT

rego.interact.technology/wsdmasterclass2026

We fill up every year - register early to be sure of your spot.

On the day: Please bring your own name tag so people know who you are, and record your attendance online through myINTERACT.



Scan to register

IN PARTNERSHIP WITH



- Western Sydney LHD
- South Western Sydney LHD
- Nepean Blue Mountains LHD
- Hunter New England LHD
- ACI - Agency for Clinical Innovation

The evening series

Seven weeks of evening sessions delivered with partner Local Health Districts and Primary Health Networks. Every presentation is added to the WSD library in myINTERACT afterwards, so you can catch up any time.

15 SEP

Medications Update

Lead: Western Sydney Diabetes, WSLHD · GP chair: **Dr Natalie Cochrane**

- **Prof Glen Maberly** - Director; Endocrinologist · *Precision Medication Management - Right Treatment, Right Time, Right Patient, Before Complications*
- **Dr Anoji Thevarajah** - Endocrine AT · *When Can We Use Injectables to Treat Lipid Disorders?*

22 SEP

Renal Disease and Diabetes - What's New

Lead: Westmead Hospital, WSLHD - Dr Cecilia Chi · GP chair: **Dr Himani Kariyawasam**

- **Dr Andrew-Hyun Lee** - Endocrinologist · *Optimising Diabetic Kidney Disease: SGLT2 Inhibitors in Practice*
- **Dr Ummul Mahfuza** - Endocrinologist · *Beyond HbA1c: GLP-1 Receptor Agonists in Diabetic Kidney Disease: From Evidence to Practice*
- **Dr Constance Yap** - Endocrinologist · *Delaying the Decline: The Role of Finerenone in Diabetic Kidney Disease*

29 SEP ·
6 OCT

No Sessions - SCHOOL HOLIDAYS

13 OCT

Finding Your Feet in Diabetic Foot

Lead: Hunter New England LHD - Prof Shamasunder Acharya · GP chair: **Dr Melissa Lau**

- **Prof Shamasunder Acharya** - Director, Diabetes and Endocrinology, John Hunter Hospital; Program Lead, Diabetes Alliance Program Plus (DAP+) · *Holistic Health Care for a Person with Diabetic Foot*
- **Nicola Callender** - Senior Podiatrist, DAP+ · *Podiatry Care for Diabetic Foot - a Medibus and DAP+ Perspective*
- **Dr Chris Sankoorikal** - Lead Clinician and Endocrinologist, High Risk Foot Clinic, John Hunter Hospital · *What is HRFC and the Technical Aspects of Charcot, Vascular, Ortho and ID Roles*

The evening series (continued)

20 OCT

Diabetes and Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD)

Lead: South Western Sydney LHD - Dr Sarah Chalak · GP chair: **Dr Melody Chiou**

- **Dr Serena Chong** - Endocrinologist, Royal Prince Alfred Hospital · *The Pathological Connection and Screening Guidelines Update*
- **Sarah Rolls** - Hepatology CNC, Bankstown-Lidcombe Hospital · *What to Know About Fibroscan and its Implications on Further Investigation*
- **Stephanie Terry** - Dietitian, Bankstown-Lidcombe Hospital · *Guiding Nutrition in Diabetes and MASLD*
- **Dr Sarah Chalak** - Endocrinologist, Bankstown-Lidcombe Hospital · *Glycaemic Agent Choice in Diabetes and MASLD. What's the Evidence?*

27 OCT

Artificial Intelligence in Primary Care

Lead: Western Sydney Diabetes · GP chair: **Dr Shanthini Seelan**

- **Dr Ashish Mehta** - Endocrinologist, WSLHD · *Can Large Language Models Reason Clinically - What Happens When AI Meets Real Clinical Cases*
- **Dr Julie Ayre** - Behavioural Scientist, Sydney Health Literacy Lab, USYD and **Dr Shaddy Hanna** - Lecturer, General Practice Clinical School, USYD · *The Clear Words, Better Care Project: Using AI Scribes to Create Patient-friendly Summaries*
- **Dr Shanthini Seelan** - GP, Bridgeview Medical Practice, Toongabbie · *Closing the Literacy Gap for Patients - How Ambient Scribes are Transforming Primary Care*

3 NOV

Diabetes Care Beyond the Consultation: Practical Tools, Data and Team-based Care

Lead: Western Sydney Primary Health Network · GP chair: **Dr Shanthini Seelan**

- **Dr Thava Seelan** - GP, Bridgeview Medical Practice · *GP Perspective: Clinical Leadership and Coordinated Diabetes Care*
- **Chamu Babu** - Practice Nurse, Bridgeview Medical Practice · *Nurse Perspective: Care Planning, Patient Engagement and Follow-up*
- **Chamu Babu** - Practice Nurse, Bridgeview Medical Practice · *Practice Systems: Recalls, Workflows and Whole-of-team Coordination*
- **Harsha Venkateshan** - Western Sydney Primary Health Network · *Using Data and Quality Improvement to Identify Gaps and Strengthen Care*

SAT 7 NOV

Face-to-Face Day - PARKROYAL Parramatta

10 NOV

Management of Obesity and its Cardiac Complications

Lead: Nepean Blue Mountains LHD - A/Prof Emily Hibbert · GP chair: **Dr Fatima Malik**

- **Dr Ravind Pandher** - Endocrinologist, Nepean Hospital · *Management of Obesity*
- **Dr Faraz Pathan** - Cardiologist, Nepean Hospital · *Why Everything I Know About Obesity and Heart Disease is Wrong*

The Face-to-Face Day at a Glance

TIME	BLIGH / ROSE / MACARTHUR	GOVERNOR'S BALLROOM	CHAPMAN	KING / GIDLEY
9am	OPENING PLENARY - ALL DELEGATES · GOVERNOR'S BALLROOM			
9am- 9.55am	Welcome · Diabetes Together website launch · Keynote - Prof Ted Wu Full running order on page 4			
10am MORNING · FIRST SITTING	3 What is atypical diabetes and how do we manage this?	2 Bringing the specialist to general practice	4 South Asian diabetes care	1 Tech-savvy diabetes: lessons from clinic
11am	MORNING TEA - NETWORKING & TRADE DISPLAYS			
11.30am MORNING · REPEAT	3 What is atypical diabetes and how do we manage this?	2 Bringing the specialist to general practice	4 South Asian diabetes care	1 Tech-savvy diabetes: lessons from clinic
12.30 pm	LUNCH · NETWORKING & TRADE DISPLAYS			
1.30pm AFTERNOON · FIRST SITTING	6 What's on the horizon for obesity management?	5 Precision in heart attack prevention	7 A high-performing diabetes program in general practice	8 Powering hearts, protecting kidneys: nutrition
2.30pm	AFTERNOON TEA - NETWORKING & TRADE DISPLAYS			
3pm AFTERNOON · REPEAT	6 What's on the horizon for obesity management?	5 Precision in heart attack prevention	7 A high-performing diabetes program in general practice	8 Powering hearts, protecting kidneys: nutrition
4.00 pm	END OF PROGRAM			

Opening Plenary

All delegates to enjoy a Keynote Talk together before the concurrent streams begin.

Master of ceremonies: **Heloise Tolar**, Engagement and Education Manager, WSD

9.00am

10 minutes

Welcome and opening remarks

Jasmin Ellis - General Manager, Integrated and Community Health, WSLHD

Andrew Newton - Chief Executive Officer, Western Sydney PHN

9.10am

10 minutes

Launching the Diabetes Together website: enhancing collaboration

Prof Glen Maberly - Director, Western Sydney Diabetes, WSLHD

Dr Anoji Thevarajah - Endocrine AT, Western Sydney Diabetes, WSLHD

9.20am

30 minutes

KEYNOTE

GLP-1 and Analogues: Changing the Face of Diabetes and Associated Diseases

Prof Ted Wu - Director, Royal Prince Alfred Hospital Diabetes Centre

9.50am

5 minutes

Where do I go? How does the day work?

Dr Anoji Thevarajah - Endocrine AT, Western Sydney Diabetes, WSLHD

After the plenary, everything runs in parallel - and every session runs twice. Four streams go at once: sessions 1 - 4 at 10am and again at 11.30am, sessions 5 - 8 at 1.30pm and again at 3pm. Pick two in the morning and two in the afternoon; miss one and you can catch it in the repeat. Trade displays are open on the top floor through both networking breaks and lunch.

Morning sessions 1 - 4

1 Tech-savvy diabetes: lessons from clinic

KING / GIDLEY ROOM

- Digital diabetes care
- CGM: choosing the right device and optimising insulin with lifestyle
- Overview of automated insulin delivery systems in T1DM
- GP's perspective

PRESENTERS

- **Dr Rajini Jayaballa** Staff Specialist, Endocrinologist, WSD, WSLHD
- **Jaybee Serrano** Credentialed Diabetes Educator, WSD, WSLHD
- **Victoria Silvestro** Dietitian, WSD, WSLHD
- **Dr Hanaa Wanis** GP, Riverstone Family Medical Practice

2 Bringing the specialist to general practice

GOVERNOR'S BALLROOM

How do we work together, and use the new digital tools?

- Renal
- Cardiology
- Diabetes
- General practice

PRESENTERS

- **Prof Carol Pollock** Renal Specialist, University of Sydney
- **Prof Timothy Tan** Cardiologist, Westmead and Blacktown hospitals, WSLHD
- **Prof Glen Maberly** Director, WSD, WSLHD
- **Dr Gideon Meyerowitz-Katz** Epidemiologist, WSD, WSLHD
- **Dr Kean-Seng Lim** GP, Mt Druitt Medical Centre

3 What is atypical diabetes and how do we manage this?

BLIGH / MACARTHUR / ROSE ROOM

- Clinical features of monogenic diabetes
- How to distinguish from type 1 and type 2
- When to refer for genetic testing
- Initial management approach

PRESENTER

- **Prof Jencia Wong** - Senior Staff Specialist Endocrinologist, Royal Prince Alfred Hospital

GP chairs:

Dr Elizabeth Ashton-Jones GP, Rosehill Family Medical Practice (10am)

Dr Guru Yajaman GP, Blacktown Kildare Road Medical Centre (11.30am)

4 South Asian diabetes care

CHAPMAN ROOM

- Diabetes management considerations within South Asian communities
- Pregnancy and gestational diabetes support
- Nutrition and culturally responsive dietary approaches

PRESENTERS

- **Dr Mani Manoharan** - Senior Staff Specialist, Diabetes & Endocrinology, Liverpool and Fairfield hospitals, SWSLHD
- **Dr Rabbia Haider** Endocrinologist, Blacktown Hospital, WSLHD
- **Inoka Perera** - Dietitian, WSD, WSLHD

GP chair:

Dr Amala Jayasuriya GP, Quakers Hill Family Practice (10am and 11.30am)

Afternoon sessions 5 - 8

5 Precision in heart attack prevention

GOVERNOR'S BALLROOM

- Why traditional cardiovascular risk assessment may miss silent coronary artery disease
- Emerging early-detection strategies
- Identifying people with diabetes who may benefit from earlier and more intensive preventive therapy
- Translating early detection into clinical pathways

PRESENTERS

- **Dr Matthew Britland** - Medical Director, Medical Affairs Professionals of Australasia
- Second speaker **TBC**
- **Prof Glen Maberly** Director, WSD, WSLHD

GP chairs:

Dr Elizabeth Ashton-Jones GP, Rosehill Family Medical Practice (1.30pm)

Dr Shivani Moodley GP, Myrai Medical Centre Winston Hills (3pm)

6 What's on the horizon for obesity management?

BLIGH / MACARTHUR / ROSE ROOM

- Current role of GLP-1-based and other anti-obesity medications
- Patient selection, treatment initiation, dose escalation and monitoring in general practice
- Emerging obesity therapies and what is on the horizon
- Integrating nutrition, physical activity and behavioural strategies with pharmacotherapy
- Long-term weight maintenance, treatment complications and when to refer for specialist care

PRESENTERS

- **Dr Ramy Bishay** - Director, Multidisciplinary Endocrine and Metabolic Clinic, North Parramatta
- **Ban Hasanin** - Dietitian, Multidisciplinary Endocrine and Metabolic Clinic, North Parramatta

GP chairs:

Dr Cameron Nik GP, MQ Health (1.30pm)

Dr Mathew Lam GP, Riverstone Family Medical Practice (3pm)

7 Building a high-performing diabetes program in general practice

CHAPMAN ROOM

A whole-of-practice case study: Riverstone Family Medical Practice

- Clinical leadership
- Nursing leadership and involvement
- Practice systems and workflows
- Use of practice data
- Quality improvement
- Bringing it together: a high-performing approach to diabetes and chronic disease care

PRESENTERS

- **Dr Michelle Crockett** - GP and Medical Director, Riverstone Family Medical Practice
- **Riverstone Family Medical Practice** - Business Management and Nursing team
- **Harsha Venkateshan** - Primary Care Facilitator, Western Sydney Primary Health Network

8 Powering hearts, protecting kidneys: the role of nutrition

KING / GIDLEY ROOM

- Renal disease and diet
- Cardiovascular disease and diet

PRESENTERS

- **Michele Ryan** - Clinical Dietitian, Sydney West Renal Service
- **Dana Coleman** - Senior Clinical Dietitian, Westmead Hospital, WSLHD

Chair: **Victoria Silvestro**, Dietitian, WSD (1.30pm and 3pm)

Everyone who helps people live well with diabetes

This series is built for general practice and the community teams around it - the people who help patients manage diabetes better and head off the complications that damage the heart, kidneys, eyes, nerves and feet, and accelerate chronic disease. If you work with people living with diabetes, you belong here.

General practitioners	Practice nurses	Diabetes educators
Community pharmacists	Optometrists	Podiatrists
Dietitians	Exercise physiologists	Psychologists
Community & other nurses	Practice managers	Health coaches & care facilitators

Teaching alongside them: endocrinologists, cardiologists, renal specialists, hospital doctors and nurses, and colleagues from pharmaceutical and device partners. **Everyone is welcome.**

400

expected on the face-to-face day

1,500

expected across the online sessions

WHAT YOU'LL TAKE AWAY

- Where the latest medications now fit
- New evidence from lifestyle and nutrition
- Case-based practice you can use on Monday
- What continuous glucose monitoring is really contributing
- The digital tools and apps worth your time
- Ideas and experience shared with peers

No cost to attend - covered by our sponsors. Complete a short evaluation to receive your Certificate of Attendance and self-submit your CPD points afterwards.

Join us - and become a WSD Champion

Come and get up to date, then take it back to your team.

Speakers and chairs

KEYNOTE & OPENING

Prof Ted Wu
Prof Glen Maberly
Dr Anoji Thevarajah
Heloise Tolar
Jasmin Ellis
Andrew Newton

DAY PRESENTERS

Prof Glen Maberly
Dr Anoji Thevarajah
Dr Rajini Jayaballa
Jaybee Serrano
Victoria Silvestro
Dr Hanaa Wanis
Prof Carol Pollock
Prof Timothy Tan
Dr Gideon Meyerowitz-Katz
Dr Kean-Seng Lim
Prof Jencia Wong
Dr Mani Manoharan
Dr Rabbia Haider
Inoka Perera
Dr Matthew Britland
Dr Ramy Bishay
Ban Hasanin
Dr Michelle Crockett
Harsha Venkateshan
Michele Ryan
Dana Coleman

GP CHAIRS

Dr Elizabeth Ashton-Jones
Dr Guru Yajaman
Dr Amala Jayasuriya
Dr Cameron Nik
Dr Mathew Lam
Dr Shivani Moodley
Dr Natalie Cochrane
Dr Himani Kariyawasam
Dr Melissa Lau
Dr Melody Chiou
Dr Shanthini Seelan
Dr Fatima Malik

EVENING PRESENTERS

Dr Anoji Thevarajah
Prof Glen Maberly
Dr Ummul Mahfuza
Dr Andrew-Hyun Lee
Dr Constance Yap
Nicola Callender
Prof Shamasunder Acharya
Dr Chris Sankoorikal
Dr Sarah Chalak
Dr Serena Chong
Sarah Rolls
Stephanie Terry
Dr Julie Ayre
Dr Shaddy Hanna
Dr Ashish Mehta
Dr Thava Seelan
Chamu Babu
Dr Ravind Pandher
Dr Faraz Pathan

VENUE

PARKROYAL Parramatta

30 Phillip Street, Parramatta NSW 2150 - a short walk from Parramatta Station, with on-site parking. Registration is at the entry on the ballroom level.

myINTERACT, our meeting communication partner of more than seven years, handles registration and hosts the library where every presentation is shared after the event - browse it if the series is new to you.

PARTNERS & EXHIBITORS

The series is facilitated by Western Sydney Diabetes with the Agency for Clinical Innovation, DOMTRU, and the Western Sydney, South Western Sydney, Nepean Blue Mountains and Hunter New England LHDs and PHNs.

Trade display space is available on the day, with networking breaks at 11am and 2.30pm.

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Western Sydney Diabetes - enquiries and exhibitor bookings:
WSLHD-WesternSydneyDiabetes@health.nsw.gov.au