

**Do you work with young people
who use drugs or alcohol?**

**Do you sometimes feel at a loss
as to what motivates these decisions,
what behaviours to expect?**

**Do you wonder how best to support
someone in this situation?**

This 12 part training package has been specifically designed to assist workers to increase their knowledge and skill set when working with young people who are beginning to experiment with drugs or alcohol, right through to those with addiction and dependency issues.

This free training series delivers clear, evidence based information together with practical tips for working effectively and compassionately with this complex population.

Participants will gain access to 12 online training modules covering the following key areas:

EPISODE 1: Who Uses Drugs?

EPISODE 2: Drugs and Young People

EPISODE 3: Drug Types part 1
(Alcohol, Cannabis, Inhalants)

EPISODE 4: Drug Types part 2
(Amphetamines, Benzodiazepines,
Opioids, Hallucinogens)

EPISODE 5: Assessment

EPISODE 6: Stages of Change

EPISODE 7: Motivational Interviewing part 1

EPISODE 8: Motivational Interviewing part 2

EPISODE 9: Relapse Prevention

EPISODE 10: Drugs, Alcohol and Trauma

EPISODE 11: Techniques to Support Personal Growth

EPISODE 12: Drugs, Alcohol and Mental Health

Each video in the series is accompanied by in depth, easy to follow notes for participants to download and keep.

This series has been developed by psychologists Kieran Palmer and Heidi Erickson who share decades of experience in the treatment of young people with complex drug, alcohol and mental health issues.

Target Audience: Teaching staff, Youth Workers, Counsellors, Social Workers, those new to the Alcohol and Other Drug sector and clinical health professionals working with young people.

**For further information or
access to this training series
please contact Heidi Erickson:
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ACCESS HERE →