

EXAMPLE ANTENATAL APPOINTMENT SCHEDULE

WEEKS OF PREGNANCY	LOCATION FOR ANTENATAL VISIT
Confirm pregnancy	GP
12 – 15 weeks gestation	Hospital – “Booking in” visit
18-20 weeks gestation	Hospital – Appointment with Dr or Midwife
25 weeks	GP or Midwife appointment
28 weeks	GP or Midwife appointment
31 weeks	GP or Midwife appointment
34 weeks	Hospital – Appointment with Dr or Midwife
36 weeks	GP or Midwife appointment
38 weeks	GP or Midwife appointment
40 weeks	Hospital – Appointment with Dr or Midwife
41 weeks	Hospital – Post-date clinic

Your GP will then see you and your baby for your postnatal check-up **six weeks** after the birth.



ANTENATAL SHARED CARE PARTICIPATING HOSPITALS

Antenatal Shared Care GPs are accredited with the following hospitals:

AUBURN 02 8759 3247

BLACKTOWN 02 8670 8356

WESTMEAD 02 8890 6508

It is important to book into the Antenatal Clinic as soon as your pregnancy is confirmed.

To make an appointment, telephone the Antenatal Clinic at the hospital where you want to have your baby.

Antenatal classes are also available. Ask for more information when you book in at the hospital.

NEED AN INTERPRETER?

If you do not speak English or are Deaf, our staff will book a professional health care interpreter for you. Their services are free* and confidential (*not free for overseas visitors, please check with our staff). If you need to call us before your appointment or for any other enquiry, please call the Translating and Interpreting Service (TIS) on 131 450.

We care about your health. That is why all health facilities and grounds are 100% SMOKE FREE.

For free support contact **Quitline on 137 848**

www.icanquit.com.au

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SHARE YOUR CARE

GP Antenatal Shared Care
See your GP throughout your pregnancy



WHAT IS ANTENATAL SHARED CARE?

The Antenatal Shared Care program gives women with low-risk pregnancies the choice to have most of their antenatal care provided by a General Practitioner (GP) unless there is a concern for the mother or baby.

Antenatal Shared Care GPs are accredited with Auburn Hospital, Blacktown Hospital and Westmead Hospital. You can also attend the Birth Centre at Blacktown Hospital.

If you wish to make use of the GP Antenatal Shared Care service, you will be required to visit the hospital of your choice for an initial “booking in” visit at their antenatal clinic.

After this, you will visit the hospital 20 weeks into your pregnancy for an obstetric assessment and again at 34 weeks. From 40 weeks onwards, you will be asked to attend the hospital clinic weekly or more often if required. The rest of your antenatal care will be provided by your GP.

Your GP does not deliver your baby. The labour unit midwives at your chosen hospital or birth centre will take care of you during your labour and birth, and the hospital obstetrician will be called if necessary.

HOW DOES GP ANTENATAL SHARED CARE WORK?

Your check-ups will be shared between your doctor’s surgery and the Hospital Antenatal Clinic.

REASONS TO CHOOSE THE ANTENATAL SHARED CARE PROGRAM SUPPORTED BY YOUR GP.

Your GP knows you and your family and can often provide more personalised and comprehensive antenatal and postnatal care for you and your baby.

Seeing your GP offers more flexibility with your appointments, and many women prefer the continuity of care that GP Antenatal Shared Care provides.

HOW DO I CHOOSE GP ANTENATAL SHARED CARE?

As soon as you know that you are pregnant, let your doctor know which antenatal care option you would prefer.

If you choose GP Antenatal Shared Care, you still need to book in for the birth of your baby with your nearest hospital as soon as the pregnancy is confirmed (6-8 weeks after your last menstrual period.)

HOW DO I FIND OUT IF I CAN PARTICIPATE IN THE PROGRAM?

Ask your GP for a referral letter requesting GP Antenatal Shared Care addressed to the antenatal clinic at the hospital where you plan to have your baby (Auburn, Westmed, or Blacktown).

CHOOSING GP ANTENATAL SHARED CARE ENABLES YOU TO:

- Attend most of your antenatal appointments with your own GP at a time convenient to you.
- Still have access to specialist care at the hospital.

HOW DO I KNOW IF MY GP IS ACCREDITED?

You can ask your GP if they are accredited with the Antenatal Shared Care program.

WHAT IF MY GP IS NOT ACCREDITED?

If your own GP is not accredited with the program, you can discuss your options with them or obtain a list of accredited GPs from the antenatal clinic at the hospital.

If you don’t have a GP, the hospital midwives will be able to give you a list of Antenatal Shared Care GPs who practise close to your home or workplace.

OTHER OPTIONS AVAILABLE FOR ANTENATAL CARE INCLUDE:

- Attending the antenatal clinic at your local public hospital.
- Attending the midwifery services at your local public hospital.
- Employing the services of a private obstetrician.

