

# Living With Dementia Program

## 4 weeks program

Rooty Hill, NSW

Commences 05 May 2022

This program provides an overview of dementia and how to proceed after a diagnosis. It covers coping with change, relationships and communication, planning for the future and staying healthy.

This program is delivered interactively. you will be encouraged to share your experiences alongside other participants giving you an opportunity to develop new support networks.

**Suitable for:** People living with dementia and their family carers and family members. This program is not suitable for professionals employed in the health or aged care sectors.



**When:** 4 sessions on Thursdays:  
05, 12, 19 & 26 May 2022  
10am - 3pm  
(5 hours each session)

**Where:** Novotel Sydney, West HQ,  
33 Railway Street,  
Rooty Hill NSW 2766

**Cost:** FREE

**Additional information:**

Bookings are essential.  
To register, please click this link:  
<https://bit.ly/31FWjJx>

### Find out more

For enquiry, please email: [NSW.Referrals@dementia.org.au](mailto:NSW.Referrals@dementia.org.au)  
You will be contacted by Dementia Australia staff to ensure that the program will meet the eligibility requirements. This session is for NSW residents ONLY.

This program and the National Dementia Helpline are funded by the Australian Government.

National Dementia Helpline **1800 100 500**

Find us online **[dementia.org.au](https://dementia.org.au)**



For language assistance  
call **131 450**