

# After hours health services for western Sydney



**phn**  
WESTERN SYDNEY

An Australian Government Initiative

There are a number of health and medical services that provide after hours care within western Sydney. These include GPs, pharmacies and allied health providers.

It's a good idea to check with your local GP or pharmacist what after hours services they provide.

## After hours is

- **WEEKDAYS:** 6pm to 8am
- **SATURDAYS:** Before 8am and after 12noon
- **SUNDAY AND PUBLIC HOLIDAYS:** All day

## Access after hours services

- Contact your GP or pharmacist, if they provide after hours services
- Call healthdirect for **24-hour health** advice on **1800 022 222**
- Search for a GP or pharmacist at **[healthdirect.gov.au/australian-health-services](http://healthdirect.gov.au/australian-health-services)**



# Home visits

There are services that you can call to have a doctor visit your home to provide medical treatment during the after hours period. Some services offer bulk billing while others require a gap payment.

The services available in western Sydney are:



## DoctorDoctor

13 26 60

## My Home GP (Sydney)

1300 968 737

## National Home Doctor Service

13 74 25

## Sydney Medical Service Co-operative

1300 466 347

# Healthy Western Sydney

*Healthy Western Sydney* is an online resource portal for community members in western Sydney. It contains information recommended by local health professionals for the whole community. *Healthy Western Sydney* can be accessed for free, 24 hours a day. Visit [healthywesternsydney.org.au](http://healthywesternsydney.org.au).

# Mental Health Services

*MindGuide* is an interactive, online resources app that helps you locate mental health services in western Sydney. Many of these services are available 24 hours a day.

Go to **mindguide.org.au** to search for the best service for your needs.

*Connections Western Sydney Helpline* is a free counselling service. If you need to speak to a counsellor after hours, call **1300 096 273**.

## Interpreter Service

You can access an interpreter from the Translating and Interpreting Service (TIS National) for free. Call **13 14 50**.

Tell them your preferred language. Then give them the name and phone number of the health service you need.

Go to **tisnational.gov.au** for more information.

## National Relay Service

If you are deaf or have a hearing or speech impairment, you can contact the National Relay Service for assistance.

Go to **relayservice.gov.au** to find the best contact options for your needs.



# Useful 24-hour helplines

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**AFTER HOURS GP HELPLINE (healthdirect)**

1800 022 222

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**ALCOHOL AND DRUG INFORMATION SERVICE**

1800 422 599

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**CHILD PROTECTION HELPLINE**

13 21 11

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**CONNECTIONS WESTERN SYDNEY HELPLINE**

1300 096 273

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**DEMENTIA SUPPORT AUSTRALIA**

1800 699 799

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**DOMESTIC VIOLENCE LINE**

1800 656 463

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**FAMILY DRUG SUPPORT**

1300 368 186

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**KIDS HELPLINE**

1800 551 800

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**LIFELINE**

13 11 14

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**MENSLINE AUSTRALIA**

1300 789 978

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**MENTAL HEALTH HOTLINE**

1800 011 511

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**NATIONAL BREASTFEEDING HELPLINE**

1800 686 268

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**PARENT LINE NSW**

1300 130 052

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**POISONS INFORMATION CENTRE**

13 11 26

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# FEELING UNWELL?



## UNSURE?

Go to [healthdirect.gov.au/symptom-checker](http://healthdirect.gov.au/symptom-checker)

## NEED ADVICE?

For 24/7 health advice call  
healthdirect on 1800 022 222



## NEED A DOCTOR?

Call your GP or after hours  
GP service

## EMERGENCY!

Call 000 for an ambulance  
or go to hospital



[afterhours@wentwest.com.au](mailto:afterhours@wentwest.com.au)



[wentwest.com.au/afterhours](http://wentwest.com.au/afterhours)



[@WesternSydneyAfterHours](https://www.facebook.com/WesternSydneyAfterHours)



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