# HEALTH AWARENESS CALENDAR 2026

**Primary Care Support Team:**
**E: support@wentwest.com.au**
**T: (02) 8811 7117**

**Calendar Key**
- Public Holiday
- School Holidays

WentWest Progressing Health Now

phn WESTERN SYDNEY An Australian Government Initiative

## JANUARY

| MON | TUE | WED | THU | FRI | SAT | SUN |
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**Access the complete Health Awareness Days Calendar, Events Calendar, HealthPathways and Newsletter on the WentWest website here**

## FEBRUARY

| MON | TUE | WED | THU | FRI | SAT | SUN |
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### Health Awareness Days

Redfeb (Heart Disease)
Ovarian Cancer Awareness Month
4 Feb - Primary Health Care Nurses Day
4 Feb - World Cancer Day
17 Feb - Lunar New Year
28 Feb - Rare Disease Day
28 Feb - Mardi Gras Parade

## MARCH

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### Health Awareness Days

Endometriosis Awareness Month
Melanoma Awareness Month
2 - 8 Mar - NSW Women's Health Week
2 - 15 Mar - Seniors' Week (NSW) Festival
4 Mar - World Obesity Day
8 Mar - International Women's Day
12 Mar - World Kidney Day
17 - 22 Mar - Harmony Week
19 Mar - National Close the Gap Day
26 Mar - Make March Purple
31 Mar - Trans Day of Visibility

## APRIL

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### Health Awareness Days

April Falls Month
3 - 6 Apr - Easter Weekend
7 Apr - World Health Day
16 - 26 Apr - NSW Youth week
24 - 30 Apr - World Immunisation Week
25 Apr - ANZAC Day
27 Apr - 1 May - Patient Experience Week

## MAY

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### Health Awareness Days

4 - 10 May - Dying Matters Awareness Week
4 - 10 May - Heart Health Week
5 May - World Asthma Day
10 May - Mother's Day
10 - 17 May - Palliative Care Week
12 May - International Nurses Day
19 May - World Family Doctor Day
26 May - National Sorry Day
27 May - 3 Jun - Reconciliation Week
31 May - World No Tobacco Day

## JUNE

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### Health Awareness Days

Bowel Cancer Awareness Month
Men's Health Month
Pride Month
8 - 14 Jun - Infant Mental Health Awareness Week
15 Jun - World Elder Abuse Awareness Day
15 - 21 Jun - Men's Health Week
15 - 21 Jun - World Refugee Week
18 Jun - Red Apple Day (Bowel Cancer)
20 Jun - World Refugee Day

## Quarter 1: Practice Activities (Jan - Mar)

- End of Practice Incentive Programs (PIP) quarter and assessment of eligibility requirements (31 Jan)
- Submit Workforce Incentive Program (WIP) hours
- Ensure PIP QI - data submission (by 15 Jan)
- Check SHS uploads against ePIP target (Jan)
- Check GP ACI & BBPIP requirements met
- PIPQI reports- review and plan QI activities (Feb)

### Considerations for Practice Management

- Accreditation actions plan - review monthly
- All staff, Clinical and Admin meetings
- Archiving – consider monthly
- Cold chain renewal
- Collect Indemnity certificates for GPs, nurses and other health professionals

## Quarter 2: Practice Activities (Apr - Jun)

- End of PIP quarter and assessment of eligibility requirements (30 Apr)
- Submit WIP hours
- Ensure PIP QI - data submission (by 15 Apr)
- Check SHS uploads against ePIP target (Apr)
- Check GP ACI & BBPIP requirements met
- PIPQI reports- review and plan QI activities (May)
- AHPRA registration renewal for nurses (May)
- Update practice details via Practice Survey (Jun)

### Considerations for Practice Management

- CPR updates
- Cultural training and compliance, including Aboriginal and Torres Strait Islander culture and LGBTIQA+
- Employee Performance Reviews
- ERPT Review

## JULY

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### Health Awareness Days

Dry July
1 - 7 Jul - Kidney Health Week
5 - 12 Jul - NAIDOC Week
12 - 19 Jul - National Diabetes Week
28 Jul - World Hepatitis Day

## AUGUST

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### Health Awareness Days

2 - 9 Aug - National Stroke Week
4 - 10 Aug - National Homelessness Week
8 Aug - Dying to Know Day
21 Aug - Daffodill Day
31 Aug - International Overdose Awareness Day

## SEPTEMBER

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### Health Awareness Days

World Alzheimer's Month
Prostate Cancer Awareness Month
1 - 7 Sep - Body Image & Eating Disorders Awareness Week
1 - 7 Sep - National Asthma Week
4 Sep - World Sexual Health Day
7 - 13 Sep - Women's Health Week
8 Sep - Physio Day
10 Sep - R U OK DAY
10 Sep - World Suicide Prevention Day
15 - 21 Sep - Dementia Awareness Week
28 Sep - 4 Oct - Wound Awareness Week
29 Sep - World Heart Day

## OCTOBER

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### Health Awareness Days

Breast Cancer Awareness Month
Mental Health Month
1 Oct - International Day of Older Persons
10 Oct - World Mental Health Day
10 - Oct - World Homeless Day
12 - 18 Oct - National Carer's Week
12 - 18 Oct - OCD Awareness Week
14 Oct - Allied Health Professionals Day
18 Oct - World Menopause Day
20 Oct - World Osteoporosis Day

## NOVEMBER

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### Health Awareness Days

Movember (Men's Health)
National Diabetes Month
4 Nov - World Diabetes Day
18 - 24 Nov - World AMR Awareness Week
18 - 24 Nov - Cervical Cancer Awareness Week
18 - 24 Nov - Antibiotic Awareness Week
19 - 23 Nov - Perinatal Mental Health Week

## DECEMBER

| MON | TUE | WED | THU | FRI | SAT | SUN |
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### Health Awareness Days

1 Dec - World AIDS Day
3 Dec - International Day of People with Disabilities
25 Dec - Christmas Day
26 Dec - Boxing Day
31 Dec - New Years Eve

## Quarter 3: Practice Activities (Jul - Sep)

- End of PIP quarter and assessment of eligibility requirements (31 Jul)
- Submit WIP hours
- Ensure PIP QI - data submission (by 15 Jul)
- Check SHS uploads against ePIP target (Jul)
- Check GP ACI & BBPIP requirements met
- PIPQI reports- review and plan QI activities (Aug)
- AHPRA registration renewal for GP (Sep)

### Considerations for Practice Management

- MBS, DVA and Workers' Compensation indexation
- Medical Equipment Servicing
- Patient Surveys
- Poisons Permit
- Policy and procedure review
- Practice insurance renewal
- QI plan and review activities

## Quarter 4: Practice Activities (Oct - Dec)

- End of PIP quarter and assessment of eligibility requirements (31 Oct)
- Submit WIP hours
- Ensure PIP QI - data submission (by 15 Oct)
- Check SHS uploads against ePIP target (Oct)
- Check GP ACI & BBPIP requirements met
- PIPQI reports- review and plan QI activities (Nov)
- Update practice details via Practice Survey including holiday closing hours. (Nov/Dec)

### Considerations for Practice Management

- Register/update HealthPathways login
- Software and other subscriptions
- Subscribe to WentWest Newsletters
- Test and tag equipment
- Website and Social media updates
- W/C insurance renewal