HEALTH AWARENESS CALENDAR 2026

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Calendar Key
- Public Holiday
- School Holidays

WentWest Progressing Health Now
phn WESTERN SYDNEY An Australian Government Initiative

JANUARY

MON	TUE	WED	THU	FRI	SAT	SUN
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26	27	28	29	30	31	

Access the complete Health Awareness Days Calendar, Events Calendar, HealthPathways and Newsletter via the QR Code below

FEBRUARY

MON	TUE	WED	THU	FRI	SAT	SUN
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Health Awareness Days
Redfeb (Heart Disease)
Ovarian Cancer Awareness Month
4 Feb - Primary Health Care Nurses Day
4 Feb - World Cancer Day
17 Feb - Lunar New Year
28 Feb - Rare Disease Day
28 Feb - Mardi Gras Parade

MARCH

MON	TUE	WED	THU	FRI	SAT	SUN
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Health Awareness Days
Endometriosis Awareness Month
Melanoma Awareness Month
2-8 Mar - NSW Women's Health Week
2-15 Mar - Seniors' Week (NSW) Festival
4 Mar - World Obesity Day
8 Mar - International Women's Day
12 Mar - World Kidney Day
17 - 22 Mar - Harmony Week
19 Mar - National Close the Gap Day
26 Mar - Make March Purple
31 Mar - Trans Day of Visibility

APRIL

MON	TUE	WED	THU	FRI	SAT	SUN
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Health Awareness Days
April Falls Month
3 - 6 Apr - Easter Weekend
7 Apr - World Health Day
16-26 Apr - NSW Youth Week
24 - 30 Apr - World Immunisation Week
25 Apr - ANZAC Day
27 Apr - 1 May - Patient Experience Week

MAY

MON	TUE	WED	THU	FRI	SAT	SUN
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Health Awareness Days
4 - 10 May - Dying Matters Awareness Week
4 - 10 May - Heart Health Week
5 May - World Asthma Day
10 May - Mother's Day
10 - 17 May - Palliative Care Week
12 May - International Nurses Day
19 May - World Family Doctor Day
26 May - National Sorry Day
27 May - 3 Jun - Reconciliation Week
31 May - World No Tobacco Day

JUNE

MON	TUE	WED	THU	FRI	SAT	SUN
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Health Awareness Days
Bowel Cancer Awareness Month
Men's Health Month
Pride Month
8 - 14 Jun - Infant Mental Health Awareness Week
15 Jun - World Elder Abuse Awareness Day
15 - 21 Jun - Men's Health Week
15 - 21 Jun - World Refugee Week
18 Jun - Red Apple Day (Bowel Cancer)
20 Jun - World Refugee Day

Quarter 1: Practice Activities (Jan - Mar)
- End of Practice Incentive Programs (PIP) quarter and assessment of eligibility requirements (31 Jan)
- Submit Workforce Incentive Program (WIP) hours
- Ensure PIP QI - data submission (by 15 Jan)
- Check SHS uploads against ePIP target (Jan)
- Check GP ACI & BBPIP requirements met
- PIPQI reports- review and plan QI activities (Feb)

Considerations for Practice Management
- Accreditation actions plan - review monthly
- All staff, Clinical and Admin meetings
- Archiving – consider monthly
- Cold chain renewal
- Collect Indemnity certificates for GPs, nurses and other health professionals

Quarter 2: Practice Activities (Apr - Jun)
- End of PIP quarter and assessment of eligibility requirements (30 Apr)
- Submit WIP hours
- Ensure PIP QI - data submission (by 15 Apr)
- Check SHS uploads against ePIP target (Apr)
- Check GP ACI & BBPIP requirements met
- PIPQI reports- review and plan QI activities (May)
- AHPRA registration renewal for nurses (May)
- Update practice details via Practice Survey (Jun)

Considerations for Practice Management
- CPR updates
- Cultural training and compliance, including Aboriginal and Torres Strait Islander culture and LGBTIQA+
- Employee Performance Reviews
- ERPT Review

JULY

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Health Awareness Days
Dry July
1 - 7 Jul - Kidney Health Week
5 - 12 Jul - NAIDOC Week
12 - 19 Jul -National Diabetes Week
28 Jul - World Hepatitis Day

AUGUST

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Health Awareness Days
2 - 9 Aug - National Stroke Week
4 - 10 - National Homelessness Week
8 Aug - Dying to Know Day
21 Aug - Daffodill Day
31 Aug - International Overdose Awareness Day

SEPTEMBER

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Health Awareness Days
World Alzheimer's Month
Prostate Cancer Awareness Month
1- 7 Sep - Body Image & Eating Disorders Awareness Week
1 - 7 Sep - National Asthma Week
4 Sep - World Sexual Health Day
7-13 Sep - Women's Health Week
8 Sep - Physio Day
10 Sep - R U OK DAY
10 Sep - World Suicide Prevention Day
15 - 21 Sep - Dementia Awareness Week
28 Sep - 4 Oct - Wound Awareness Week
29 Sep - World Heart Day

OCTOBER

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Health Awareness Days
Breast Cancer Awareness Month
Mental Health Month
1 Oct - International Day of Older Persons
10 Oct - World Mental Health Day
10 Oct - World Homeless Day
12 - 18 Oct -National Carer's Week
12 - 18 Oct - OCD Awareness Week
14 Oct - Allied Health Professionals Day
18 Oct - World Menopause Day
20 Oct - World Osteoporosis Day

NOVEMBER

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Health Awareness Days
Movember (Men's Health)
National Diabetes Month
4 Nov - World Diabetes Day
18-24 Nov - World AMR Awareness
18-24 Nov - Cervical Cancer Awareness Week
18-24 Nov - Antibiotic Awareness Week
19-23 Nov - Perinatal Mental Health Week

DECEMBER

MON	TUE	WED	THU	FRI	SAT	SUN
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Health Awareness Days
1 Dec - World AIDS Day
3 Dec - International Day of People with Disabilities
25 Dec - Christmas Day
26 Dec - Boxing Day
31 Dec - New Years Eve

Quarter 3: Practice Activities (Jul - Sep)
- End of PIP quarter and assessment of eligibility requirements (31 Jul)
- Submit WIP hours
- Ensure PIP QI - data submission (by 15 Jul)
- Check SHS uploads against ePIP target (Jul)
- Check GP ACI & BBPIP requirements met
- PIPQI reports- review and plan QI activities (Aug)
- AHPRA registration renewal for GP (Sep)

Considerations for Practice Management
- MBS, DVA and Workers' Compensation indexation
- Medical Equipment Servicing
- Patient Surveys
- Poisons Permit
- Policy and procedure review
- Practice insurance renewal
- QI plan and review activities

Quarter 4: Practice Activities (Oct - Dec)
- End of PIP quarter and assessment of eligibility requirements (31 Oct)
- Submit WIP hours
- Ensure PIP QI - data submission (by 15 Oct)
- Check SHS uploads against ePIP target (Oct)
- Check GP ACI & BBPIP requirements met
- PIPQI reports- review and plan QI activities (Nov)
- Update practice details via Practice Survey including holiday closing hours. (Nov/Dec)

Considerations for Practice Management
- Register/update HealthPathways login
- Software and other subscriptions
- Subscribe to WentWest Newsletters
- Test and tag equipment
- Website and Social media updates
- W/C insurance renewal