

# Health services in western Sydney



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There are several **health and medical services** available in western Sydney that can provide health care during standard **business hours** and **after hours**.

These include community health centres, GPs, pharmacists and allied health providers.

This brochure provides details of some of these local health care services and 24-hour helplines.

## Western Sydney Local Health District **Community Health Centres**

The following centres are open Monday to Friday from 8:30am to 5pm:

**Auburn Community Health Centre**

8759 4000

**Blacktown Community Health Centre**

9881 8700

**Doonside Community Health Centre**

8670 3300

**The Hills Community Health Centre**

8853 4500

**Merrylands Community Health Centre**

9682 3133

**Mount Druitt Community Health Centre**

9881 1200

**Parramatta Community Health Centre\***

9843 3222

*\*Open Monday to Friday from 8am to 5pm*

# After hours is

- **Weekdays:** 6pm to 8am
- **Saturdays:** Before 8am and after 12noon
- **Sunday and public holidays:** All day

## Access after hours services

It's a good idea to check with your local GP or pharmacist to enquire about the after hours services they provide.

Other options include:

- Finding a local after hours GP or pharmacist at [wentwest.com.au/afterhours](http://wentwest.com.au/afterhours)
- Calling healthdirect for **24-hour health** advice on **1800 022 222**
- Searching for a GP or pharmacist at [healthdirect.gov.au/australian-health-services](http://healthdirect.gov.au/australian-health-services)

## After hours doctors

There are services that you can call to have a doctor visit your home to provide medical treatment after hours. Some services offer bulk billing while others require a gap payment.

The services available in western Sydney are:

**DoctorDoctor**

13 26 60

**My Home GP (Sydney)**

1300 968 737

**National Home Doctor Service**

13 74 25

**Sydney Medical Service Co-operative**

1300 466 347

# Mental health services

*MindGuide* is an interactive, online resources app that helps you locate mental health services in western Sydney. Many of these services are available 24 hours a day.

Go to **mindguide.org.au** to search for the best service for your needs.

*Connections Western Sydney Helpline* is a free counselling service. If you need to speak to a counsellor, call **1300 096 273**.

# Healthy Western Sydney

*Healthy Western Sydney* is a website for community members in western Sydney. It contains information recommended by local health professionals for the whole community. *Healthy Western Sydney* can be accessed for free, 24 hours a day. Visit **healthywesternsydney.org.au**

# Emergency departments

If you have a serious injury or illness that requires urgent medical attention, you should go to a hospital emergency department.

## **Auburn Hospital**

Hargrave Road, Auburn

## **Blacktown Hospital**

Blacktown Road, Blacktown

## **Mount Druitt Hospital**

75 Railway Street, Mount Druitt

## **Westmead Hospital**

Hawkesbury Road, Westmead

**CALL 000 IN AN EMERGENCY**

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# 24-hour helplines

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**After Hours GP Helpline (healthdirect)**

1800 022 222

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**Alcohol and Drug Information Service**

1800 422 599

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**Child Protection Helpline**

13 21 11

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**Connections Western Sydney Helpline (counselling)**

1300 096 273

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**Dementia Support Australia**

1800 699 799

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**Domestic Violence Line**

1800 656 463

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**Family Drug Support**

1300 368 186

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**Kids Helpline**

1800 551 800

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**Lifeline**

13 11 14

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**Mensline Australia**

1300 789 978

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**Mental Health Hotline**

1800 011 511

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**National Breastfeeding Helpline**

1800 686 268

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**Parent Line NSW**

1300 130 052

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**Poisons Information Centre**

13 11 26

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# FEELING UNWELL?



## UNSURE?

Go to [healthdirect.gov.au/  
symptom-checker](https://healthdirect.gov.au/symptom-checker)

## NEED ADVICE?

For 24/7 health advice call  
healthdirect on 1800 022 222



## NEED A DOCTOR?

Call your GP or after hours  
GP service

## EMERGENCY!

Call 000 for an ambulance  
or go to hospital



[wentwest@wentwest.com.au](mailto:wentwest@wentwest.com.au)



[wentwest.com.au](https://www.wentwest.com.au)



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