

# Mental Health – We’re Listening

Thanks to your responses to the WentWest 2021 Needs Survey: General Practitioners and Allied Health Professionals, WentWest has made it a priority to increase awareness of the many mental health services available in Western Sydney. We hope this will help you find even more pathways of support for your patients.

## What You Told Us



**70%** of GPs listed ‘psychological’ as a common reason for patient visits in 2021



**Over 50%** of GPs/AHHPs in Western Sydney are unaware of key mental health services



**41% to 63%** of your patient groups are not able to access services easily

## How We’re Responding

We have listened to your concerns around the need for greater awareness and access to mental health services and support. As a result, we are actioning a comprehensive range of communication activities designed to share information and offer pathways to accessing care. From social media campaigns to flyers, videos to feature articles, we’re aiming to reach as wide an audience as possible. Some of the key communication activities we are planning to roll out across 2022 are listed below.



Mental Health Literacy Campaign



Mental Health Reform Articles and Flyers



Mental Health Toolkit



Mental Health Provider Videos and Articles



Mental Health Spotlight Videos



Launching a Provider Newsletter



Mental Health Consumer Stories



Enhancing our Mental Health Webpages



Mental Health Social Media Campaigns



Mental Health Events and Trainings