

Western Sydney - Primary Mental Health Care

2019/20 - 2022/23

Activity Summary View



[MH - 4 - MH 4 - Mental health services for people with severe and complex mental illness]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

4

Activity Title *

MH 4 - Mental health services for people with severe and complex mental illness

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

Other Program Key Priority Area Description

Aim of Activity *

The aim is to commission mental health services for people with severe and complex mental illness including the provision of care packages.

MH 4.1 This activity aims to provide specialist mental health care to the families in the perinatal and infancy stages dealing with a significant mental health disorder requiring specialist intervention in the western Sydney region.

MH 4.2 This activity targets people leaving acute mental health units in the western Sydney region who do not have support to reintegrate back into the community.

MH 4.3 This activity aims at upskilling GP's knowledge of Mental health by placing a Psychiatrist within primary care to support 10 general practice teams within the western Sydney region.

MH 4.4 This activity aims to deliver psycho-education and lifestyle/wellbeing group interventions for each cultural group (Hazara, Tamil, South Sudanese, and Arabic) and its community members.

MH 4.5 This activity focuses on strengthening and coordination of referral pathways and connections between CALD people in Auburn, general practitioners, allied health providers, government agencies, health services and other community services.

MH 4.8 This activity aims at providing a wraparound treatment and case coordination service for western Sydney residents with drug and alcohol dependence and co-occurring severe and complex mental illness within a therapeutic setting.

MH 4.9 This activity aims to address the specific needs of LGBTIQ+ clients with refugee and asylum seeker backgrounds through building strengths and resilience and promoting self-help and support.

Description of Activity *

MH 4.1 St John of God, Raphael Services Blacktown is commissioned to provide comprehensive specialist mental health care for families with a significant mental health disorder occurring in the perinatal and infancy stages. Raphael Services is providing psychiatric assessment, individual, couple and parent-infant psychotherapy, group work, linkages to home supports, pharmacotherapy management and consultation and liaison with midwifery, obstetrics, paediatric and GP professionals. A similar service has now been commissioned at Mt Druitt with access to a Psychiatrist and Psychologists at the Mt Druitt Hub. We are looking at targeting another high need area using this service and extending the service to the western Sydney region.

Based on the outcomes and reports submitted by the contracted organisation in June 2019, there is a possible chance for long term expansion of the program.

MH 4.2 Hospital to home Program supports people leaving acute units who do not have support to reintegrate back to the community. Peer workers regularly meet with consumers and their carers and family members (with agreement) during the discharge planning to identify and support the consumer to community and outreach services. This is currently occurring in partnership with Cumberland and Blacktown hospitals. The service also facilitates social activities and workshops at the hospital to increase consumer engagement. Also, the consumer follow-up time after exiting the program has been increased from 3 months up to 12 months.

Based on the outcomes and reports submitted by the contracted organisation in June 2019, there is a possible chance for long term expansion of the program.

MH 4.3 Primary Care-Psychiatric Liaison Service is an integrated care model whereby a Psychiatrist is employed by Flourish and is directly focussed on delivering services to patients experiencing severe and complex mental health conditions in a primary care setting. The Psychiatrist is appointed to 10 practices (possibly healthcare homes, currently 13) to deliver and provide capacity building services and network by case consultation with the General Practitioners as well as practice nurses and practice staff. The service currently has 2 Psychiatrists in the program, and we are looking to extend the model to 10 more practices.

Based on the outcomes and reports submitted by the contracted organisation in June 2019, there is a possible chance for long term expansion of the program.

MH4.4 CALD Mental Health Literacy and Suicide Prevention Program. The project proposes to deliver psycho-education and lifestyle/wellbeing group interventions for each cultural group (Hazara, Tamil, South Sudanese, and Arabic) and its community members. The activities will include: • Peer Leader Training and Support with an adapted version of the existing STARTTS Accidental Counsellor training with 3 workshops each with 10 participants per community. • Residential program/camp with particular focus on intensive training for peer leaders • Delivery of psycho-education and lifestyle/wellbeing group interventions for each cultural group and its community members. Group interventions will be delivered.

MH 4.5 Bilingual Support Worker Services Project. One Door has co-located bilingual mental health workers at Auburn Diversity Services Inc. (ADSi). The project will focus on strengthening coordination and referral pathways for people from culturally and linguistically diverse backgrounds in Auburn with general practitioners, allied health providers, government agencies, health and welfare services. This pilot project is to demonstrate proof of concept; that by building and supporting these referral pathways and partnerships, access to existing mental health services for people from culturally and linguistically diverse backgrounds will increase their use of existing mental health services.

Based on the outcomes and reports submitted by the contracted organisation in June 2019, there is a possible chance for long term expansion of the program.

MH 4.8 Safe Space Allows people experiencing psychological distress to access timely and responsive support from trained non-clinical mental health professionals within their community, outside a clinical setting. Safe Spaces promote the wellbeing of people through assistance and support with managing their distress, both current and in the future, and fosters identification of alternatives to emergency department presentations.

It will build an understanding of the Safe Space model and develop a new way of approaching the issue of crisis response options for people experiencing psychological distress and suicidality, specifically for the Western Sydney region. Encourage focus on improved follow-up for people who have attempted suicide or are at high risk of suicide. It will avoid the significantly elevated costs associated with emergency department presentation for some people experiencing psychological distress and suicidality

- This will contribute to a growing evidence base on Safe Spaces in Australian communities to inform future directions , policy and investment in community programs.

MH 4.9 Psychosocial Support for Refugees who identify as LGBTIQ+ living in Western Sydney (STARTTS) This Project proposes to deliver psycho-education and lifestyle/wellbeing group interventions for LGBTIQ+ community members. The groups will enable them to better identify signs of distress in themselves and develop appropriate coping strategies; develop mutually supportive relationships amongst the group members thus breaking social isolation and ensuring sustainable social support; reduce stigma associated with seeking mental health assistance; increase knowledge and access to a variety of mental health services. Group interventions will be delivered on a fortnightly basis over 12 months.

Needs Assessment Priorities *

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
People with Severe and Complex Mental Illness	25



Activity Demographics

Target Population Cohort *

People in the western Sydney PHN region who are experiencing severe and complex mental health condition who can be supported at a primary care level or who are transitioning from hospital-based intervention to a community provider.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Baulkham Hills	11501
Dural - Wisemans Ferry	11502

Rouse Hill - McGraths Hill	11504
Blacktown	11601
Blacktown - North	11602
Mount Druitt	11603
Auburn	12501
Carlingford	12502
Merrylands - Guildford	12503
Parramatta	12504
Pennant Hills - Epping	12601
Ryde - Hunters Hill	12602



Activity Consultation and Collaboration

Consultation *

WSPHN has in a structured manner at key decision points with the MHCAG which meets every 2 months. This group consists of consumers and key representatives from over 18 organisations, GPs, LHD, NGOs, CMOs and mental health professionals who are consulted in developing strategic directions to provide advice and guidance on commissioning and delivery of services across the priority areas in western Sydney.

In addition to the bi-monthly MHCAG, quarterly PMHC steering groups, monthly PIR steering groups meeting and the quarterly PMHC PD events. Consultation was made with several GPs and GP associations and mental health providers who indicated that severe and complex support services should be accessible to people accessible after-hours as well.

Collaboration *

Extensive collaboration has occurred to ensure integrated service provision for people experiencing severe and complex mental illness. This includes consumers, Peer workers, general practices, LHD Acute mental health services, emergency departments, key CMOs such as SJOG, Flourish, One Door, STARTTS, CRC, SVDP, WHO mental health nurses and culturally specific organisations



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2019

Activity End Date *

29 Jun 2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender: No

Expression of interest (EOI): No

Other approach (please provide details): No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

Not Applicable

Co-design or co-commissioning details *

Not Applicable



[MH - 5 - MH 5 Community based Suicide Prevention activities]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

5

Activity Title *

MH 5 Community based Suicide Prevention activities

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description

Aim of Activity *

To commission community-based suicide prevention services as follows;-

MH 5.3 PMHC Suicide Prevention Service (SPS) aims to address issues of people who are at heightened risk of self-harm and suicidal ideation.

MH 5.5- Gamarada Universal Indigenous Resource GUIR (also Priority area 6)
-the aim of this activity is to deliver community Indigenous Mental Health services for young adults aged between 12 - 25 years of age and to encourage and promote a regional approach to youth suicide prevention.

MH 5.6 — Suicide prevention for Veterans - to provide psychological support and services to veterans with an aim of reducing the suicide rate of ex-service men and women

Description of Activity *

MH 5.3 PMHC Suicide Prevention Service (SPS) To expand this service, WSPHN is now commissioning over 35 mental health professionals who can respond within 24 hours and provide an appointment within 72 hours to referrals for people identified with an elevated risk of suicide. Given the nature of this issue we do not limit this service to low income earners. Instead this service is there to support anyone in the western Sydney PHN region who needs support in relation to self-harm and suicide.

MH 5.5- Gamarada Universal Indigenous Resource GUIR (also Priority area 6)
GUIR will collaborate with local community services and Indigenous community members to establish key healing hubs across western Sydney for program coordination, collaboration and delivery. Hubs will function as strategic meeting places where

engaged community members can access mental health support through GUIR and GUIR's collaborators. The hubs will provide mental health information and referral links to support services for ATSI youth and their parents/careers. GUIR will also deliver skills training to youth and their carers at home visits or where opportunities are identified with other services and their programs.

MH5.6 The activity will be focussed on providing evidence-based support to Veterans in the western Sydney community that have a history of depression, PTSD, a suicide risk or other mental health issues. This comprehensive support can be provided via face-to-face sessions and regular support sessions

Needs Assessment Priorities *

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Vulnerable Populations: Veterans	11
People Experiencing Mild to Moderate Mental Illness	22
Comorbidities - People with Chronic, Complex Conditions and Mental Illness: Access and affordability	23
Comorbidities - People with Chronic, Complex Conditions and Mental Illness: Health literacy (navigation of the health system and social support)	23



Activity Demographics

Target Population Cohort *

MH 5.3, MH 5.4 -All activities listed above will be publicly available to residents of western Sydney and aims to increase early access to support. Additionally, any clients experiencing mental health distress and who present to GP practices, mental health services providers, community groups or organisations, and schools will also be directed to these services.

MH 5.3 People at risk of suicide and/ or people with elevated risk factors requiring face to face services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Baulkham Hills	11501
Dural - Wisemans Ferry	11502
Rouse Hill - McGraths Hill	11504
Blacktown	11601
Blacktown - North	11602

Mount Druitt	11603
Auburn	12501
Carlingford	12502
Merrylands - Guildford	12503
Parramatta	12504
Pennant Hills - Epping	12601
Ryde - Hunters Hill	12602



Activity Consultation and Collaboration

Consultation *

WSPHN has consulted in a structured manner at key decision points with the MHCAG which meets every 2 months. This group consists of consumers and key representatives from over 18 organisations, GPs, LHD, non-government organisations (NGO), community managed organisations (CMO) and mental health professionals who are consulted in developing strategic directions to provide advice and guidance on commissioning and delivery of services across the priority areas in western Sydney.

In addition to this, WSPHN presently has a Primary Mental Health care steering group which meets quarterly. It comprises key representatives from the WS LHD, GPs, mental health service providers, consumers and carers.

Collaboration *

The focus of the commissioned activities will be able to coordinate service integration between services seamlessly.

Several workshops and consultation were conducted to bring together providers and facilitate the operational alignment of care, as the consumer navigates the various services.

Initiatives work closely with all referring agents (GPs, schools, allied health providers and specialists) and mental health providers currently engaged with WSPHN. This includes the LHD and a number of key NGOs.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2019

Activity End Date *

29 Jun 2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender: Yes

Expression of interest (EOI): No

Other approach (please provide details): No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

Not Applicable

Co-design or co-commissioning details *

Not Applicable



[MH - 6 - MH 6 Aboriginal and Torres Strait islander Health Services]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

6

Activity Title *

MH 6 Aboriginal and Torres Strait islander Health Services

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 6: Aboriginal and Torres Strait Islander mental health services

Other Program Key Priority Area Description

Aim of Activity *

The aim is to commission focused Aboriginal and Torres Strait mental health and well-being services to support mental health clients.

MH 6.2 Mental Health and Wellbeing program

MH 6.4 The Shed - Mt Druitt is a legacy program and the main aim is focussed on supporting Aboriginal men at risk of suicide in Mount Druitt.

MH 6.5 Gamarada Universal Indigenous Resources GUIR -the aim of this activity is to deliver Indigenous Mental Health services for young adults aged between 12 - 25 years of age in the western Sydney PHN region.

MH 6.6 Western Sydney Recovery College - The College aims to offer education and training programs, developed and delivered by people with lived experience of mental health concerns and adult education professionals.

Description of Activity *

MH 6.2 The Mental Health & Wellbeing program - The focus of the commissioning provider will be to support mental health service providers ie; psychologist/ social worker/ mental health nurse/ OT to deliver services, with the key role to liaise with a number of services, to alleviate some of the complexities community members often face when transitioning between services.

MH 6.4 The Shed - Mt Druitt is a legacy program. This service provides support and guidance to members of the community who often present in crisis, particularly in relation to legal aid, family counselling, emergency accommodation and health service in the region. This service is predominantly focussed on supporting Aboriginal men at risk of suicide in Mount Druitt. In the last 12 months The Shed has also identified that Aboriginal and Torres Strait Islander women are accessing the service and wanting similar support.

MH 6.5 GUIR will deliver Indigenous Mental Health services for young adults aged between 12 - 25 years of age in the western Sydney PHN region. The project will consist of Dialectical Behaviour Therapy, DBT (which is a modified version of cognitive-behavioural therapy) skills coaching under the Framework of the GUIR COURAGE Coaching Model. These services will be enriched by program resources from the entire bank of GUIR program experience including many specialized and tailored programs e.g. the award winning 'Mad Bastards Guide to being your best' and the NSW Premiers Excellence Award Winning Gamarada Indigenous Healing and Life Training initiative.

GUIR will collaborate with local community services and Indigenous community members to establish key healing hubs across western Sydney for program coordination, collaboration and delivery. Hubs will function as strategic meeting places where engaged community members can access mental health support through GUIR and GUIR's collaborators. The hubs will provide mental health information and referral links to support services for ATSI youth and their parents/careers.

GUIR will also deliver skills training to youth and their carers at home visits or where opportunities are identified with other services and their programs.

MH 6.6- Recovery College focuses on workforce development. The program offers courses such as Mental Health First Aid (including separate Aboriginal, and Torres Strait Islander focused courses), Understanding Anxiety, Understanding Depression and Mindfulness – just to name a few.

Needs Assessment Priorities *

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Improve Aboriginal and Torres Strait Islander people's access to high quality, culturally appropriate health care, including primary care and care coordination services.	n/a
Vulnerable and at-Risk Populations	32



Activity Demographics

Target Population Cohort *

Aboriginal and Torres Strait Islander individuals and families requiring access to mental health services and a support network in western Sydney.

Mental health professional, carers, consumers and support staff, both Aboriginal and non-Aboriginal.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments *

ACCHOS, CMOs, Baabayn and mental health professionals are consulted in developing strategic directions to provide advice and guidance on commissioning and delivery of services across the priority areas in western Sydney.

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Baulkham Hills	11501
Dural - Wisemans Ferry	11502
Rouse Hill - McGraths Hill	11504
Blacktown	11601
Blacktown - North	11602
Mount Druitt	11603
Auburn	12501
Carlingford	12502
Merrylands - Guildford	12503
Parramatta	12504
Pennant Hills - Epping	12601
Ryde - Hunters Hill	12602



Activity Consultation and Collaboration

Consultation *

WSPHN has consulted in a structured manner at key decision points with the MHCAG which meets every 2 months. This group consists of consumers and key representatives from over 18 organisations, GPs, LHD, NGOs (like headspace), ACCHOS, CMOs, Baabayn and mental health professionals who are consulted in developing strategic directions to provide advice and guidance on commissioning and delivery of services across the priority areas in western Sydney.

Collaboration *

Initiatives work closely with all referring agents (GPs, schools, allied health providers and specialists) and mental health providers currently engaged with WSPHN. This includes the LHD and a number of key NGOs.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2019

Activity End Date *

29 Jun 2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender: Yes

Expression of interest (EOI): No

Other approach (please provide details): No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

Not Applicable

Co-design or co-commissioning details *

Not Applicable



Activity Planned Expenditure

Planned Expenditure

Funding Stream	2019/20	2020/21	2021/22	2022/23
headspace				
Way Back Support				
EPYS				

Interest - Mental Health				
Indigenous Mental Health				
Mental Health Flexible				

Totals

Funding Stream	2019/20	2020/21	2021/22	2022/23	Total
headspace					
Way Back Support					
EPYS					
Interest - Mental Health					
Indigenous Mental Health					
Mental Health Flexible					
Total					

Funding from Other sources - Financial Details



Funding from Other sources - Organisational Details





[MH - 7.1 - MH 7 Stepped Care approach]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

7.1

Activity Title *

MH 7 Stepped Care approach

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to promote a stepped care approach within the western Sydney PHN region.

Description of Activity *

This activity builds on the established mental health reform. Primary mental health care service delivery is a stepped care approach as part of the reforms implemented by the Commonwealth Department of Health.

This approach will support people to access services based on their needs, at the right time. This activity will:

- Provide clear and accessible pathways to care for people with mental health concerns at all levels of intensity/acuity.
- Incorporate strategic and operational design of Stepped Care service delivery.
- Incorporate and monitor a stepped care approach as part of commissioning mental health models of service.
- Provide referrers and service providers understanding on how to navigate, refer to and provide services using a stepped care approach
- Regional data planning group (utilising Data and Geo-mapping tool) - Interactive mental health mapping.
- Identification of current and future workforce and service gaps/deficits, oversupply, and/or distribution.
- Implement a range of strategies and programs to support local GPs to identify target groups and specific vulnerable groups experiencing mental health conditions to;-
 - a) Improve referral processes
 - b) Increase workforce capacity and capability
 - c) Improve access to services.

Needs Assessment Priorities *

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Workforce Capacity and Capability Planning	28



Activity Demographics

Target Population Cohort *

Mental health professionals, carers, consumers and support staff, from a range of services within primary care, community care and LHD services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Baulkham Hills	11501
Dural - Wisemans Ferry	11502
Rouse Hill - McGraths Hill	11504
Blacktown	11601
Blacktown - North	11602
Mount Druitt	11603
Auburn	12501
Carlingford	12502
Merrylands - Guildford	12503
Parramatta	12504
Pennant Hills - Epping	12601
Ryde - Hunters Hill	12602



Activity Consultation and Collaboration

Consultation *

WSPHN has consulted in a structured manner at key decision points with the MHCAG which meets every 2 months. This group consists of consumers and key representatives from over 18 organisations, GPs, LHD, NGOs, CMOs and mental health

professionals who are consulted in developing strategic directions to provide advice and guidance on commissioning and delivery of services across the priority areas in western Sydney.

Collaboration *

Working closely with all referring agents (GPs, schools, allied health providers and specialists) and mental health providers currently engaged with WSPHN. This includes the LHD and key NGOs.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2019

Activity End Date *

29 Jun 2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Not applicable

Open tender: No

Expression of interest (EOI): No

Other approach (please provide details): Yes

Working closely with all referring agents (GPs, schools, allied health providers and specialists) and mental health providers currently engaged with WSPHN. This includes the LHD and key NGOs.

Is this activity being co-designed? *

Yes

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

Not Applicable

Co-design or co-commissioning details *

As listed above in the commissioning section



Activity Planned Expenditure

Planned Expenditure

Funding Stream	2019/20	2020/21	2021/22	2022/23
headspace				
Way Back Support				
EPYS				
Interest - Mental Health				
Indigenous Mental Health				
Mental Health Flexible				

Totals

Funding Stream	2019/20	2020/21	2021/22	2022/23	Total
headspace					
Way Back Support					
EPYS					
Interest - Mental Health					
Indigenous Mental Health					
Mental Health Flexible					
Total					

Funding from Other sources - Financial Details

Funding from Other sources - Organisational Details



[MH - 8 - MH 8 Implementation of the Regional mental health and suicide prevention plan]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

8

Activity Title *

MH 8 Implementation of the Regional mental health and suicide prevention plan

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 8: Regional mental health and suicide prevention plan

Other Program Key Priority Area Description

Aim of Activity *

The aim of the Regional Plan is to improve mental health, physical health and wellbeing of people with or at risk of mental health issues or at risk of suicide.

Description of Activity *

In collaboration with WSLHD, the WSPHN will develop a regional plan in line with the Fifth National Mental Health Plan. The plan will be guided by the stepped care model and the ecological framework which will be supported by a robust and consistent data collection process. Consultation will occur with consumers, carers, CMOs and other stakeholders and will ensure the regional plan addresses the mental health and suicide prevention needs of the western Sydney community. The WSPHN will engage an external provider to assist with the evolution of the regional plan by sourcing local/ regional data and evidence across: policy, system, organisation, community and individual, as well as developing an understanding of the interactions between levels. Both top-down and bottom-up approaches will be used, assessing the impact of policy/system/organisational issues on community/individuals and vice versa.

Needs Assessment Priorities *

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Workforce Capacity and Capability Planning	28



Activity Demographics

Target Population Cohort *

Whole of western Sydney PHN community

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Baulkham Hills	11501
Dural - Wisemans Ferry	11502
Rouse Hill - McGraths Hill	11504
Blacktown	11601
Blacktown - North	11602
Mount Druitt	11603
Auburn	12501
Carlingford	12502
Merrylands - Guildford	12503
Parramatta	12504
Pennant Hills - Epping	12601
Ryde - Hunters Hill	12602



Activity Consultation and Collaboration

Consultation *

Consultation includes quarterly MHCAG meetings, quarterly PMHC steering group meetings, bi-monthly WSPiR steering committee meetings and the quarterly PMHC Professional Network events.

To utilise the modelling tool, WSPHN convenes a Regional Data Planning Group bimonthly. This group includes key stakeholders representing the sector, community organisations, carer and consumers as well as specific priority groups such as CALD, Aboriginal and Torres Strait Islanders, LGBTIQ. This diverse group assists with key data sources to better inform and understand the regional needs.

Reporting and consultation on several events and forums conducted during the initial regional plan (2016, 2017 and 2018) and ongoing consultation in various forums within the PHN priority areas.

Collaboration *

In 2019 The WSPHN and the WSLHD have formed a Steering Committee and a working group (meets monthly) to manage the delivery of the regional plan. The Regional data planning and assessment process includes membership of all 4 (previously 5) local government representatives and the LHD representatives as well as key agencies and research partners from University of Sydney and western Sydney University.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2019

Activity End Date *

29 Jun 2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: Yes

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender: No

Expression of interest (EOI): No

Other approach (please provide details): No

Is this activity being co-designed? *

Yes

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

Not Applicable

Co-design or co-commissioning details *

Co-designed and Co-commissioned with consumers, carers and the western Sydney Local Health District



Activity Planned Expenditure

Planned Expenditure

Funding Stream	2019/20	2020/21	2021/22	2022/23
headspace				
Way Back Support				
EPYS				
Interest - Mental Health				
Indigenous Mental Health				
Mental Health Flexible				

Totals

Funding Stream	2019/20	2020/21	2021/22	2022/23	Total
headspace					
Way Back Support					
EPYS					
Interest - Mental Health					
Indigenous Mental Health					
Mental Health Flexible					
Total					

Funding from Other sources - Financial Details

Funding from Other sources - Organisational Details



[MH - 1 - MH 1 - Priority Area 1 - Low intensity mental health services]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1

Activity Title *

MH 1 - Priority Area 1 - Low intensity mental health services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

MH 1.1 - On the Line – Connections western Sydney Helpline activity aims to provide helpline services to clients of the Primary Mental Health Care service providers (previously known as ATAPS) and the Suicide Call Back Service.
MH 1.4 – Mindguide – The aim of this navigation and resource application was developed to simplify those experiencing difficulties in navigating the mental health services to suit each user whether consumer, carer or professional.

MH 1.5 - Western Sydney Recovery College - The College aims to offer education and training programs, developed and delivered by people with lived experience of mental health concerns and adult education professionals. It is open to people who have mental health conditions, their carers, families and friends, as well as mental health staff, volunteers and the broader mental health sector staff working within the region.

Description of Activity *

MH 1.1 - On the Line – Connections Western Sydney Helpline provides helpline services to clients and the Suicide Call Back Service. Through consultations with the WS Mental Health Commissioning and Advisory Group (MHCAG) additional helpline service capacity was identified as a way of supporting people requiring low intensity service without the need for a consumer/ client being engaged with a face to face service. Connections western Sydney Helpline will provide any resident of western Sydney immediate phone support at any time of the day or night and up to 3 telephone-based counselling sessions provided by a mental health professional, with the option of linking the client to a local mental health provider directly.
MH 1.4- MindGuide Updates – The Website and phone app directory of the online local mental health services for western Sydney. MindGuide will be updated and maintained with current information and details in relation to mental health services

specific to western Sydney including listings for Local Health District (LHD) services, community organisations, GPs and other allied health professionals.

MH 1.5- Recovery College focuses on workforce development. The program offers courses such as Mental Health First Aid (including separate Aboriginal, Older Person and Youth focused courses), Understanding Anxiety, Understanding Depression and Mindfulness.

Needs Assessment Priorities *

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
People Experiencing Mild to Moderate Mental Illness	22



Activity Demographics

Target Population Cohort *

All activities listed above will be publicly available to residents of western Sydney and aim to increase early access to support. Additionally, any clients experiencing low levels of mental health distress and who present to GP practices, mental health services providers, community groups or organisations, and schools will also be directed to these services.

With the exception of the Recovery College, all commissioned activities are designed to be available any time the client needs them by being accessible remotely via a phone or device. Recovery College courses will be delivered in accessible locations within the community.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Activity MH1.1: No
Activity MH1.4: No
Activity MH1.5: Yes

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Baulkham Hills	11501
Dural - Wisemans Ferry	11502
Rouse Hill - McGraths Hill	11504
Blacktown	11601
Blacktown - North	11602
Mount Druitt	11603
Auburn	12501
Carlingford	12502

Merrylands - Guildford	12503
Parramatta	12504
Pennant Hills - Epping	12601
Ryde - Hunters Hill	12602



Activity Consultation and Collaboration

Consultation *

WSPHN has consulted in a structured manner at key decision points with the MHCAG which meets every 2 months. This group consists of consumers and key representatives from over 18 organisations, GPs, LHD, non-government organisations (NGO), community managed organisations (CMO) and mental health professionals who are consulted in developing strategic directions to provide advice and guidance on commissioning and delivery of services across the priority areas in western Sydney.

In developing the low intensity mental health services, consultation occurred with a number of GPs and GP associations and mental health providers who indicated that low intensity services should support people at either pre-treatment or post-treatment phase and be accessible remotely and after-hours.

Additionally, the recommendation was the low intensity services should be able to support the client to seamlessly engage with higher intensity services.

As a result, each of the services has a common referral pathway and network that allows WSPHN to align services should the consumer, referring GP and mental health service provider require ongoing, additional or complimentary services with various levels of intervention and access.

Collaboration *

The focus of the commissioned activities will be able to coordinate service integration between services seamlessly.

Several workshops and consultation were conducted to bring together providers and facilitate the operational alignment of care, as the consumer navigates the various services.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender: No

Expression of interest (EOI): No

Other approach (please provide details): No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

Not Applicable

Co-design or co-commissioning details *

Not Applicable



Activity Planned Expenditure

Planned Expenditure

Funding Stream	2019/20	2020/21	2021/22	2022/23
headspace				
Way Back Support				
EPYS				
Interest - Mental Health				

Indigenous Mental Health				
Mental Health Flexible				

Totals

Funding Stream	2019/20	2020/21	2021/22	2022/23	Total
headspace					
Way Back Support					
EPYS					
Interest - Mental Health					
Indigenous Mental Health					
Mental Health Flexible					
Total					

Funding from Other sources - Financial Details



Funding from Other sources - Organisational Details





[MH - 1.3 - MH 1.3- Older Persons Mental Health Service]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1.3

Activity Title *

MH 1.3- Older Persons Mental Health Service

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

MH 1.3- The Older Person Mental Health program aims to improve the mental health of older persons living within western Sydney Residential Aged Care Facilities (RACF)

Description of Activity *

MH 1.3- This service is providing access to psychological assessments, mental health care plans and psychological sessions to older persons living in Residential Aged care facilities (RACF).

Needs Assessment Priorities *

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
People Experiencing Mild to Moderate Mental Illness	22



Activity Demographics

Target Population Cohort *

Older persons living within western Sydney Residential Aged Care Facilities

In Scope AOD Treatment Type ***Indigenous Specific ***

No

Indigenous Specific Comments ***Coverage *****Whole Region**

Yes

SA3 Name	SA3 Code
Baulkham Hills	11501
Dural - Wisemans Ferry	11502
Rouse Hill - McGraths Hill	11504
Blacktown	11601
Blacktown - North	11602
Mount Druitt	11603
Auburn	12501
Carlingford	12502
Merrylands - Guildford	12503
Parramatta	12504
Pennant Hills - Epping	12601
Ryde - Hunters Hill	12602

**Activity Consultation and Collaboration****Consultation ***

WSPHN has consulted in a structured manner at key decision points with the MHCAG which meets every 2 months. This group consists of consumers and key representatives from over 18 organisations, GPs, LHD, non-government organisations (NGO), community managed organisations (CMO) and mental health professionals who are consulted in developing strategic directions to provide advice and guidance on commissioning and delivery of services across the priority areas in western Sydney.

In developing the low intensity mental health services, consultation occurred with a number of GPs and GP associations and mental health providers who indicated that low intensity services should support people at either pre-treatment or post-treatment phase and be accessible remotely and after-hours.

Additionally, the recommendation was the low intensity services should be able to support the client to seamlessly engage with higher intensity services.

As a result, each of the services has a common referral pathway and network that allows WSPHN to align services should the consumer, referring GP and mental health service provider require ongoing, additional or complimentary services with various levels of intervention and access.

Collaboration *

The focus of the commissioned activities will be able to coordinate service integration between services seamlessly.

Several workshops and consultation were conducted to bring together providers and facilitate the operational alignment of care, as the consumer navigates the various services.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender: No

Expression of interest (EOI): No

Other approach (please provide details): No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

Not Applicable

Co-design or co-commissioning details *

Not Applicable



Activity Planned Expenditure

Planned Expenditure

Funding Stream	2019/20	2020/21	2021/22	2022/23
headspace				
Way Back Support				
EPYS				
Interest - Mental Health				
Indigenous Mental Health				
Mental Health Flexible				

Totals

Funding Stream	2019/20	2020/21	2021/22	2022/23	Total
headspace					
Way Back Support					
EPYS					
Interest - Mental Health					
Indigenous Mental Health					
Mental Health Flexible					
Total					

Funding from Other sources - Financial Details

Funding from Other sources - Organisational Details



[MH-Op - 1 - Operational]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-Op

Activity Number *

1

Activity Title *

Operational

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Needs Assessment

Priorities

Needs Assessment Priority

Page Reference



Activity Demographics

Target Population Cohort *

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments *

Coverage *

Whole Region

SA3 Name	SA3 Code
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Activity Consultation and Collaboration

Consultation *

Collaboration *



Activity Milestone Details/Duration

Activity Start Date *

Activity End Date *

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

Is this activity the result of a previous co-design process? *

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

Has this activity previously been co-commissioned or joint-commissioned? *

Decommissioning *

Decommissioning Details? *

Co-design or co-commissioning details *



Activity Planned Expenditure

Planned Expenditure

Funding Stream	2019/20	2020/21	2021/22	2022/23
Mental Health Operational				
Interest - Mental Health				

Totals

Funding Stream	2019/20	2020/21	2021/22	2022/23	Total
Mental Health Operational					
Interest - Mental Health					
Total					

Funding from Other sources - Financial Details

Funding from Other sources - Organisational Details



[MH - MH 9 - Way Back Suicide prevention]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

MH 9

Activity Title *

Way Back Suicide prevention

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to improve access to high-quality aftercare to support at risk individuals to stay safe, improve links with clinical and community-based services to meet individual needs and circumstances, improve the capacity and capability of The Way Back workforce to support individuals, and ultimately contribute to reducing the risk of suicide (re)attempts for individuals experiencing a suicidal crisis or who have made a suicide attempt.

Description of Activity *

The PHN will run the procurement process to support the implementation of The Way Back Support Service in the Western Sydney PHN region.
The PHN will work closely with the LHD and Beyond Blue to define populations at risk, referral pathways, cultural considerations, linkages to other service providers, program risks, governance and operation, reporting capacity and service implementation.

Needs Assessment Priorities *

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Suicide Prevention	26



Activity Demographics

Target Population Cohort *

Any person within the western Sydney PHN region who has attempted suicide or is experiencing suicidal crisis (presenting to hospital emergency department or community mental health service, and whose risk of suicide is imminent)

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
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Activity Consultation and Collaboration

Consultation *

WSPHN has consulted in a structured manner at key decision points with the MHCAG which meets every 2 months. This group consists of consumers and key representatives from over 18 organisations, GPs, LHD, non-government organisations (NGO), community managed organisations (CMO) and mental health professionals who are consulted in developing strategic directions to provide advice and guidance on commissioning and delivery of services across the priority areas in western Sydney.

In addition to this, WSPHN presently has a Primary Mental Health care steering group which meets quarterly. It comprises key representatives from the WS LHD, GPs, mental health service providers, consumers and carers.

Collaboration *

The Way Back Support Service is a collaborative program funded by Beyond Blue, to be carried out through WSPHN, WSLHD and a service provider



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2020

Activity End Date *

29 Jun 2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender: Yes

Expression of interest (EOI): No

Other approach (please provide details): No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

Not Applicable

Co-design or co-commissioning details *

Not Applicable



Activity Planned Expenditure

Planned Expenditure

Funding Stream	2019/20	2020/21	2021/22	2022/23
Mental Health Flexible				
EPYS				
Interest - Mental Health				
Indigenous Mental Health				
Way Back Support				
headspace				

Totals

Funding Stream	2019/20	2020/21	2021/22	2022/23	Total
Mental Health Flexible					
EPYS					
Interest - Mental Health					
Indigenous Mental Health					
Way Back Support					
headspace					
Total					

Funding from Other sources - Financial Details

Funding from Other sources - Organisational Details



[MH - 2 - MH 2 - Priority Area 2 - Child and Youth Mental Health Services]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

2

Activity Title *

MH 2 - Priority Area 2 - Child and Youth Mental Health Services

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

MH 2.1 The aim of headspace is to reduce the impact of disease in young people aged 12-25 years caused by mental health disorders and related substance use. This will be evident through improvements in the mental health, social wellbeing and economic participation of young people in this target group.

MH 2.2 The aim of hYEPP is to provide early intervention services to young people with emerging serious mental illness, and their families, that are youth-friendly, accessible, consistent and seamless, and that provide ongoing care and support.

MH 2.3 The aim of Capital funding is to relocate headspace Mt. Druitt to a new site.

MH 2.4 The aim of this service is to assist young people aged 12-25 who have or are at risk of, developing severe mental illness and can be supported in the primary care setting.

MH 2.5 The aim of this activity is to provide psychological therapy to young people aged 12-25 who have suicidal symptoms.

MH 2.6 The aim is to deliver assertive, specialist mental health services and tertiary consultation to children and young people.

MH 2.7 The aim is to assist with initial assessments, provide short-term management of an acute crisis, avoid hospital admission if possible, facilitate referrals to appropriate mental health treatment services, reduce the number of young people presently repeatedly to ED, and shorten the length of stay in the ED

Description of Activity *

MH 2.1 headspace will provide early intervention mental health services to clients between 12-25 years, along with assistance in promoting young peoples' wellbeing. Support covers four core areas: mental health, physical health, work and study support and alcohol and other drug services.

MH 2.2 hYEPP located in Mt Druitt, is a continuing care team of multi-disciplinary professionals who provide recovery orientated, early intervention services to young people aged 12-25 who are experiencing a first episode of psychosis or at ultra-high risk of experiencing psychosis. The service model is based on the Early Psychosis Prevention and Intervention Centre (EPPIC) from Orygen Youth Health in Victoria. And as such, the commissioned service provision is based on assertive outreach, family work, functional recovery and partnerships with other community organisations to enhance care. hYEPP Parramatta is a 'Spoke' of the Mt Druitt hYEPP 'Hub' and the services work closely to ensure continuity of service. The Hub provides extensive psychiatric and specialist services such as functional recovery groups and family therapy. MH 2.3 headspace Mt Druitt Site has been informed of potential relocation as lease and premises will no longer be available. Specific funding has been allocated to sourcing future premises and refurbishment necessary for relocation.

MH 2.4 Youth Severe Mental Health service is commissioned to assist young people aged 12-25 years residing in western Sydney who has or is at risk of, developing severe mental illness and can be supported in the primary care setting. It will comprise three clinical arms:

- Enhanced Access - a hub and spoke model to enhance access across the region and to leverage off existing links of community partners.
- Assertive Case Management including wrap-around services and evidence-based treatment and recovery approaches in line with the Clinical Staging Model and Stepped Care.
- Mental Health Education and Support to GPs and school counsellors to build the capacity of GPs to manage young people. Young people will be serviced in their preferred locations, utilising flexible service options including drop-in services, individual and group-based sessions, face to face and online support.

MH 2.5 Suicide prevention – psychological therapies aim to provide psychological services for the most vulnerable and financially disadvantaged members of the WSPHN area. Services include psychological therapy sessions for people who are unable to otherwise afford to pay for therapy, and a separate suicide prevention stream is designated to help people who have been identified as acutely at risk of suicide regardless of their financial status.

MH 2.6 is commissioned to employ 8 multidisciplinary team members to cover the WSLHD EDs and provide post-discharge follow up and bio-psycho-social interventions for up to 12 weeks post-discharge. Peer workers have been introduced to the program to allow cultural appropriateness for CALD and indigenous patients to provide additional support. The team members will be situated in ED waiting rooms of Westmead, Blacktown and Mt Druitt hospitals with the aim to offer support services to all young people presenting with mental health concerns within working hours.

MH 2.7 The teams will work in a crisis management model, practising trauma-informed care and using recovery principles. The team will work in partnership with young people and their carers to assist with managing the acute crisis that is resulting in the young person's presentation/s to ED. The approach will be holistic, assessing all aspects of a young persons' functioning, identifying their needs across mental health, physical health, drug and alcohol and psychosocial domains.

Needs Assessment Priorities *

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Children and Young People: high levels of psychological distress	20
Children and Young People: suicide in ATSI children	20
Children and Young People: self-harm in females	20



Target Population Cohort *

MH 2.1 Children and youth aged between 12 – 25 years, who may be experiencing mild to moderate mental health condition and/or drug and alcohol misuse.

MH 2.2 Children and youth aged between 12 – 25 years, who may be experiencing a severe mental health condition either as a first episode of psychosis (FEP) or ultra-high risk of psychosis (UHR).

MH 2.3 As above

MH 2.4 Young people aged between 12-25years, who are at risk of or experiencing severe mental health illness including psychosis, major depression, severe anxiety, eating disorders and personality disorders.

MH 2.5 Young people aged between 12-25years, who have suicidal symptoms.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Baulkham Hills	11501
Dural - Wisemans Ferry	11502
Rouse Hill - McGraths Hill	11504
Blacktown	11601
Blacktown - North	11602
Mount Druitt	11603
Auburn	12501
Carlingford	12502
Merrylands - Guildford	12503
Parramatta	12504
Pennant Hills - Epping	12601
Ryde - Hunters Hill	12602



Activity Consultation and Collaboration

Consultation *

MH 2.1 headspace model means that each site/ service has a consortium. This consortium meets every 3 months, which includes representatives from various agencies, including local health district, NGOs and community-managed organisations.

MH 2.2 Orygen Youth Mental Health Service (OYH), Western Sydney Local Health district (WSLHD), General Practitioners, and other NGOs

MH 2.3 Parramatta Mission as a lead agency which will coordinate the relocation and sourcing of new premises as required.

MH 2.4 Consultation with Orygen, consumers, carers, WSLHD as well as the service provider and the consortium members who will be part of the service delivery.

MH 2.5 WSPHN presently has a PMHC steering group which meets quarterly. This steering group includes key representatives from the LHD, GPs, mental health service providers, and consumer and carer representatives.

Additionally, WSPHN conducts quarterly Professional Development events in conjunction with the Mental Health Professionals Network (MHPN) meeting for all mental health providers in our region. This networking event is a way of informing and connecting mental health providers, as well as supporting the quality and consistency of service delivery in our region

Collaboration *

Activities MH 2.1, MH 2.2 & MH 2.3 headspace and hYEPP services in western Sydney will be managed by two lead agencies;

1. Parramatta Mission for headspace centres and hYEPP service at Mt. Druitt & hYEPP at Parramatta.
2. Flourish Australia for headspace centres at Parramatta & Castle Hill.

The headspace model requires a consortium approach to service delivery and WSPHN has been involved in consulting the consortium for the development and continuation of the service without disruption.

Activity MH 2.4 service will be delivered by a consortium where Parramatta Mission is the lead agency. Below is the list of consortium partners who will be directly/indirectly contributing to the service delivery:

1. The Ted Noffs Foundation
2. Darrug Elders Corporation
3. Interrelate
4. Sydwest Multicultural Services
5. Specialist homeless services
6. Ability Options

MH 2.5 All referring agents, including GPs, schools, allied health providers, specialists and mental health providers currently engaged with WSPHN. This includes the Local Health District and a number of key non-government organisations.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2016

Activity End Date *

28 Jun 2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender: Yes

Expression of interest (EOI): Yes

Other approach (please provide details): No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

Not Applicable

Co-design or co-commissioning details *

Not Applicable



Activity Planned Expenditure

Planned Expenditure

Funding Stream	2019/20	2020/21	2021/22	2022/23
headspace				
Way Back Support				
EPYS				
Interest - Mental Health				
Indigenous Mental Health				
Mental Health Flexible				

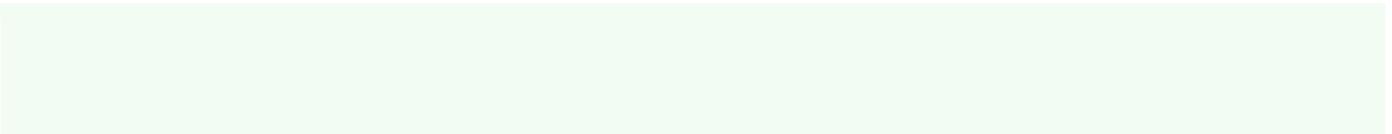
Totals

Funding Stream	2019/20	2020/21	2021/22	2022/23	Total
headspace					
Way Back Support					
EPYS					
Interest - Mental Health					
Indigenous Mental Health					
Mental Health Flexible					
Total					

Funding from Other sources - Financial Details



Funding from Other sources - Organisational Details





[MH - 3 - MH 3 – Primary Mental Health Care (PMHC)]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3

Activity Title *

MH 3 – Primary Mental Health Care (PMHC)

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description

Aim of Activity *

The PMHC program aims to provide psychological services for the most vulnerable and financially disadvantaged members of the area covered by WSPHN.

Services include psychological therapy sessions for people who are unable to otherwise afford to pay for therapy, and a separate suicide prevention stream is designated to help people who have been identified as acutely at risk of suicide regardless of their financial status.

Western Sydney Primary Health Network (WSPHN) aims to continue increasing the mental health services delivered in western Sydney in partnership with WSLHD via a commissioning model which allows local providers to address gaps in the mental health services that most affect their local community and thereby reduce risk of further decline in patient health status.

This service will continue to improve patient outcomes through working collaboratively with health professionals and services to integrate and facilitate a seamless patient experience.

Description of Activity *

This activity will provide psychological support and reduce barriers to service access by engaging local mental health professionals to provide services to vulnerable people within western Sydney. The regional needs assessment identifies groups experiencing vulnerability in western Sydney as perinatal women, children, young people with moderate to severe levels of psychological distress, people who identify as LGBTIQ, older people and diverse cultural and language groups. Specialised skills to work with these priority groups forms the basis of the recruitment and selection of mental health professionals in western Sydney with current providers offering psychological supports across these groups including services in 27 different languages.

MH 3.1 Primary Mental Health Care Services (PMHC) Contracted primary mental health professionals – to provide (activity based) psychological services to vulnerable people.

MH 3.2 Expansion Primary Mental Health Care Services (PMHC) to priority areas: Child, Aboriginal and Torres Strait Islanders, Perinatal, CALD, LGBTIQ, Elderly, Co-morbidity & Suicide Prevention (see priority area 5)

MH3.3 WSPHN will continue its collaboration with the WSLHD, peak bodies and local partners to implement local strategies to engage and address the needs of “at-risk” populations and health professionals who support them.

Needs Assessment Priorities *

WSPHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
People with Severe and Complex Mental Illness	25



Activity Demographics

Target Population Cohort *

This activity is for western Sydney residents experiencing mental health distress and barriers to accessing psychological support through Better Access. This includes people who experience financial barriers or are part of a priority group identified through our Regional Needs Assessment.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Baulkham Hills	11501
Dural - Wisemans Ferry	11502
Rouse Hill - McGraths Hill	11504
Blacktown	11601
Blacktown - North	11602
Mount Druitt	11603
Auburn	12501
Carlingford	12502
Merrylands - Guildford	12503
Parramatta	12504
Pennant Hills - Epping	12601
Ryde - Hunters Hill	12602



Activity Consultation and Collaboration

Consultation *

MH 3.1, MH 3.2 and MH 3.3 WSPHN presently has a PMHC steering group which meets quarterly. This steering group includes key representatives from the LHD, GPs, mental health service providers, and consumer and carer representatives. Additionally, WSPHN conduct quarterly Professional Development events in conjunction with the Mental Health Professionals Network (MHPN) meeting for all mental health providers in our region. This network event is a way of informing and connecting mental health providers, as well as supporting the quality and consistency of service delivery in our region.

Collaboration *

All referring agents, including GPs, schools, allied health providers, specialists and mental health providers currently engaged with WSPHN. This includes the Local Health District and a number of key non-government organisations.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2019

Activity End Date *

29 Jun 2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender: No

Expression of interest (EOI): No

Other approach (please provide details): No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

Not Applicable

Co-design or co-commissioning details *

Not Applicable



Activity Planned Expenditure

Planned Expenditure

Funding Stream	2019/20	2020/21	2021/22	2022/23
headspace				
Way Back Support				
EPYS				
Interest - Mental Health				
Indigenous Mental Health				
Mental Health Flexible				

Totals

Funding Stream	2019/20	2020/21	2021/22	2022/23	Total
headspace					
Way Back Support					
EPYS					
Interest - Mental Health					
Indigenous Mental Health					
Mental Health Flexible					
Total					

Funding from Other sources - Financial Details

Funding from Other sources - Organisational Details

