

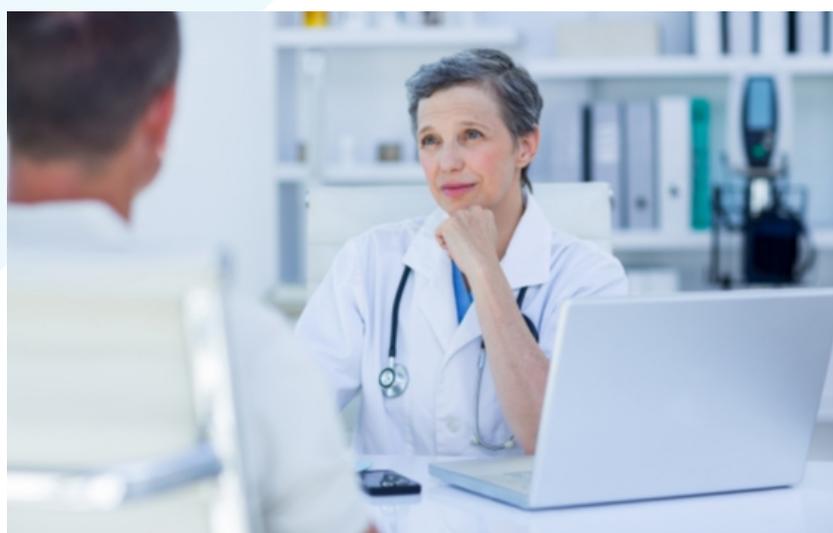
Men to take charge

Men are encouraged to take charge of their own health during Men's Health Week from 11 – 17 June this year's theme 'Men and families: making healthy connections', explores the different ways families support the health and wellbeing of men and boys, and the positive contributions men and boys make to their families.

Improving men's health outcomes is a two-way process involving men and their families as well as health services. It's important that men make use of available health services to preventatively manage their health to discover any health problems before it's too late. It's also important they know where to turn to for help. Partners and families can play a key role in helping the in their lives seek the right care and are encouraged to be proactive in providing support.

Western Sydney Primary Health Network (WSPHN) is a proud supporter of The Shed (formerly Men's Shed) at Mount Druitt – a partnership between Western Sydney University, The Men's Health Information & Resource Centre (MHIRC) and local service providers. Over the last two years, WSPHN has commissioned this service allowing Aboriginal and Torres Strait Islander men, and now women, access to a crisis drop in centre which has a focus on supporting their mental, physical and emotional wellbeing. The Shed also provides assistance by connecting people to mental health and therapeutic services and can assist with Centrelink, housing and legal service connections. A suicide prevention program has also been developed.

MHIRC has released a series of resource kits for health practitioners which are available to download.



Events

HIV PrEP and other hot topics in HIV & STIs

Wednesday 20th June 2018

6:30pm - 8:30pm

Psychiatric pharmacology, navigating the maze

Wednesday 27th June 2018

6:00pm - 8:30pm

Webinar: Electronic discharge summaries

Thursday 28th June 2018

7:00pm - 8:00pm

Practice Nurse education: Adult asthma action plans

Monday 2nd July 2018

6:30pm - 9:00pm

Other News

GP Registrar Drug Health Term, western Sydney LHD

Join the team for a part-time extended skills term in Addiction Medicine, a unique opportunity to develop skills in assessing and managing this complex, challenging and vulnerable population, including withdrawal management, abstinence maintenance and opioid substitution treatment.

Apply before July via GPRime, search "Addiction Medicine" or contact Dr Catherine Silsbury at Catherine.Silsbury@health.nsw.gov.au

InsideOut Institute for eating disorders

The Centre for Eating and Dieting Disorders has rebranded as the InsideOut Institute, a national institute for research and clinical excellence in eating disorders.

Eating disorders are serious mental health illnesses. Their development is multifactorial, and without effective treatment they can cause serious and permanent harm or even death. GPs are part of a network of providers for people with eating disorders and can be crucial for coordination and treatment.

Clinical Practice guidelines and training opportunities can be found on the InsideOut Institute website.

Managing The Bull

WSLHD Youth Health is running a four week program for 12-16 year old teenagers to build their strength, self esteem and communication skills. The program will start from 19th of July 3:30pm at Mount Druitt.

If you have any patients that would benefit from this program send the registration form to Paula Roughley paula.roughley@health.nsw.gov.au.

GP Association meetings

The below GP Association meetings are coming up in western Sydney:

Blacktown: ACTT asthma control today and tomorrow, Wednesday 20th June.

Westmead: Thyroid disorders GP updates, Wednesday 27th June.

Mount Druitt: Imaging in knee pathology, Friday 29th June.

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Level 1, 85 Flushcombe Rd, Blacktown NSW 2148

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