

## My Health Record opt out is coming

My Health Record is an online summary of an individual's key health information and can be accessed by health professionals and an individual at any time. More than five million Australians already have a My Health Record allowing the delivery of better health outcomes for patients and their treating doctors and specialists. By the end of 2018, a My Health Record will be created for every Australian, unless they choose not to have one.

Next month will see the launch of the My Health Record opt out period, with the three-month campaign commencing on Monday 16 July. During the campaign period (16 July to 15 October), every Australian will have the opportunity to opt out from having a My Health Record created. Anyone can cancel their My Health Record at any time after the opt out period – or create one, if they previously opted out.

Those who have a My Health Record created can ask their healthcare provider not to add specific test reports and other medical information to their My Health Record. They can also restrict access to specific information within their record. Read the Australian Digital Health Agency media release for more information.

In the coming weeks GPs and pharmacies will receive information toolkits from the Australian Digital Health Agency to help you respond to any questions about the My Health Record national expansion. The toolkit includes posters, brochures, window decals, factsheets, notepads and stickers. Please ensure these materials are not displayed prior to 16 July.

If you have any questions or would like support, please contact your Practice Development Officer on 8811 7100 or our WentWest Help Desk on 8811 7117, option 2, or email [support@wentwest.com.au](mailto:support@wentwest.com.au)



## Events

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### Electronic discharge summaries - Webinar

Thursday 28th June 2018

7:00pm - 8:00pm

### Practice nurse education: Adult asthma action plans

Monday 2nd July 2018

6:30pm - 9:00pm

### A deep dive into diabetes

Saturday 7th July 2018

8:30am - 4:30pm

### Early detection: pre-diabetes and diabetes...then what?

Tuesday 10th July 2018

5:30pm - 8:00pm

## Other News

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### RACGP Green Book 3rd edition

The RACGP has released the third edition of the putting prevention into practice: guidelines for the implementation of prevention in the general practice setting (the Green Book).

Health professionals are encouraged to refer to this edition which now includes signposted information for easy reference, and links to helpful resources for further reading.

The Green Book continues to provide easy to follow and practical advice with successful real-life examples of implementing evidence-based preventive activities. The resource encourages and reflects a collaborative, whole-of-practice approach to prevention.

### My Health Record events

Donna Sedgman will be providing a number of education sessions to western Sydney health professionals on how they can inform their patients about the opt out period. These sessions will be held at the following locations:

Blacktown: Tuesday 3rd July

Castle Hill: Thursday 5th July

Rooty Hill: Tuesday 10th July

Parramatta: Friday 12th July

## National Indigenous Bowel Screening Pilot

The National Pilot aims to increase the participation of Indigenous Australians in the National Bowel Cancer Screening Program (NBCSP). Indigenous participation in the NBCSP is estimated at less than half that of other Australians (19.5% compared to 42.7% respectively). The National Pilot will be open to primary health care (PHC) services with a majority Indigenous patient population or those with at least 50 Indigenous patients aged 50 to 74 that want to make improving Indigenous participation in bowel screening an organisational priority.

Applications for PHC services to be part of the National Indigenous Bowel Screening Pilot has opened and will close on 10 July.

## GP Association meetings

The following GP association meetings are coming up in western Sydney:

Westmead: Thyroid disorders GP updates, Wednesday 27th June.

Mount Druitt: Imaging in knee pathology, Friday 29th June.

Hills: Overcoming the obesity epidemic in Australia, Wednesday 4th July.

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Level 1, 85 Flushcombe Rd, Blacktown NSW 2148

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