

Because of Her, We Can!

NAIDOC Week starts this Sunday, 8th July, and is a time when Aboriginal and Torres Strait Islander peoples come together in different ways to celebrate their survival, culture and country. This year's NAIDOC theme 'Because of Her, We Can!' celebrates the essential role that women play as active and significant role models in the community.

The Western Sydney Primary Health Network (WSPHN) region is home to one of the largest urban Indigenous populations in Australia. WSPHN continues a proud tradition of working across the primary, acute and community sectors to provide holistic and culturally appropriate support to the local Aboriginal community.

WSPHN has a strong history of collaborating with the Aboriginal and Torres Strait Islander communities within our region. We also commission a range of health services specifically to support Aboriginal and Torres Strait Islander people.

These include:

- ▣ Marrin Weejali, supporting people with alcohol and other drug issues to address their needs.
- ▣ The Australian Indigenous Psychologists Association, delivering Aboriginal cultural competency training for mental health professionals in western Sydney.
- ▣ The Shed, a partnership between Western Sydney University, The Men's Health Information & Resource Centre and local services, providing a crisis drop-in centre which focuses on supporting mental, physical and emotional wellbeing.
- ▣ Greater Western Aboriginal Health Service (GWAHS), providing services such as the Integrated Care Team, mental health responses and assistance for those with addiction.
- ▣ Western Sydney Recovery College, offering an Aboriginal Mental Health First Aid course, facilitated by an Aboriginal trainer.
- ▣ Baabayn Aboriginal Corporation – the Family Yarning Circle, providing family support for families facing drug and alcohol related challenges, with a focus on supporting the Elders, Aunties and Uncles who do so much to help family members during and after family emergencies.
- ▣ Marist180, delivering the "Ngarra Mittigar" ("Listen Friend") program for young people aged 15-28 years who are at-risk of mental health conditions and alcohol and other drug dependency and who have been identified as at risk of self-harm or suicide.
- ▣ The Ted Noffs Foundation, focusing on the Deadly Dreaming project, based at the Mount Drutt Street University. They provide structured, weekly programs for young people who are in contact with, or at risk of encountering the juvenile justice system.

To help support the best possible patient care for Aboriginal and Torres Strait Islander people, health professionals can access information about the Aboriginal and Torres Strait Islander Health Assessment and details on Closing the Gap, including the Aboriginal-specific Practice Incentive

Program and PBS co-payment measures on HealthPathways using the below login details:

Username: healthPassword: w3stern



Events

Early detection: pre-diabetes and diabetes...then what?

Tuesday 10th July 2018

5:30pm - 8:00pm

My Health Record webinar: Practice managers & receptionists

Thursday 19th July 2018

12:30pm - 1:30pm

Other News

\$160 million boost for mental health support

Australians with severe mental health illness can now receive more support services in their communities with a \$160 million funding boost from the Australian Government.

The new National Psychosocial Support (NPS) measure will provide funding for people with severe mental illness who are not more appropriately supported through the National Disability Insurance Scheme (NDIS).

The NPS has been designed to help people that will benefit from specialised but less intense psychosocial services, such as individual and group assistance and rehabilitation, in an effort to ensure these people don't miss out on crucial support.

Read the full media release for more information.

EOI – Minor ailments pharmacy study

Following the success of the Minor Ailments Pilot Study, WSPHN, in collaboration with the University of Technology Sydney are launching a randomised controlled trial within community pharmacies.

GPs are invited to participate in the study, which hopes to assess the impact of integrating GPs and community pharmacists for minor ailments.

Additional information on the study and how to get involved is provided in the attached expression of interest form.

Aged care facilities network newsletter

If you work with Aged Care facilities, subscribe to the quarterly newsletter to get updates on local services, clinical topics, tips and tools. This a joint initiative with Western Sydney Local Health District and NSW

Ambulance and complements network meetings held during the year.

For more information and the latest issue, contact agedcare@wentwest.com.au

GP Association meeting

The following GP association meeting is coming up in western Sydney:

Mount Druitt: Case studies in hypertension, Friday 27th July.

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