

National Cervical Cancer Awareness Week Resources

Building on the success of the #cerFIX2035 campaign which was launched in July, Australia Cervical Cancer Foundation will be celebrating National Cervical Cancer Awareness Week from the 11 to 17 of November this year.

Cervical cancer is one of the most preventable and curable of all cancers. Having a Cervical Screening Test every five years can reduce the risk of being diagnosed with cervical cancer by up to 96 per cent, yet only a small percentage of people in western Sydney area are having a pap test when required.

December marks two years since the introduction of the National Cervical Screening Program and it is hoped, all women over the age of 25 have had a screening under the new system and now be in the new program. The tagline this year is “5 minutes of your time, for 5 years peace of mind”, reminding women to put themselves first and make sure they are up-to-date with their cervical screening.

Publications and resources for health care professionals can be downloaded online. Furthermore, MBS claiming for cervical screening can be accessed on the MBS online website.

Western Sydney health professionals can also access Cervical Screening pathways on the HealthPathways website using the following login details: Username: health Password: w3stern



Events

Diabetes is Changing Fast

Saturday 9th November 2019

8:00am - 4:30pm

Perinatal and Infant Mental Health

Wednesday 13th November 2019

6:00pm - 8:30pm

An Introduction to Quality Improvement for PIP QI

Wednesday 20th November 2019

6:00pm - 8:30pm

Antenatal Shared Care Education

Saturday 23rd November 2019

8:45am - 2:30pm

Other News

Supporting Aboriginal and Torres Strait Islander Patients

The 715 Health Check is designed to support the physical, social and emotional well-being of Aboriginal and Torres Strait Islander patients of all ages. It also provides important health information to GPs and their patients, with the additional opportunity for preventative care. The first step in offering a 715 Health Check is to identify patients. We have developed a poster that practices can use to help encourage Aboriginal and Torres Strait Islander patients to identify themselves. For a hard copy please contact the Aboriginal Cultural Liaison Coordinator, your Practice Development Officer, or the WentWest Helpdesk on 8811 7117. The Department of Health has also developed resources to help improve the uptake of 715 Health Checks in the community

Diabetes in Western Sydney

Western Sydney Local Health District's The Pulse recently published an article on routine screening taking place at Blacktown and Mount Druitt Hospitals thanks to the Western Sydney Diabetes (WSD) initiative. To find out more about WSD, or to download the WSD Healthy Living Options booklet visit their website.

A monthly Diabetes Support Group is also available for local consumers and carers living with diabetes. Each meeting focuses on a different aspect of diabetes management and features a guest speaker. For more information on the next Diabetes Support Group meeting email Cathryn Ward.

BreastScreen NSW Locations

Western Sydney BreastScreen Clinics can be found in the following locations:

☒Lidcombe Shopping Centre - November 2019 ☒☒BCI Sunflower Clinics at MYER in Blacktown, Castle Hill and/or Parramatta ☒BCI Sunflower Clinic at Mount Druitt Hospital

GP Association Meetings

The following GP Association Meetings are coming up in western Sydney:

Blacktown: Management of Incidental Pulmonary and Thyroid Nodules, Wednesday 20th November.

Hills: Respiratory and Sleep Medicine Q&A Session, Tuesday 28th November.

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