

## Orange the World: Let's Eliminate Violence Against Women

Violence against women is one of the most widespread, persistent and devastating human rights violations in our world today as it remains largely unreported due to silence, stigma and shame surrounding it.

This year's International Day for the Elimination of Violence Against Women will be held on Monday 25th November. The theme for this year is 'Orange the World: Generation Equality Stands Against Rape'. This day will also mark the launch of 16 days of activism that will conclude on Tuesday 10th December, which is International Human Rights Day.

Health professionals are well placed to identify a risk of domestic violence, and to intervene early. Being prepared to ask questions and responding effectively to domestic violence requires knowledge of the physical and emotional consequences of the violence, an understanding of appropriate and inappropriate responses, and having good networks with local family violence services.

The following services and resources are available to health care professionals:

RACGP: Can you identify the warning signs of family violence - Professional development program including skills to identify and respond to family violence. RACGP : White Book Abuse and violence- Working with our patients in general practice. Australian Medical Association (AMA) Supporting Patients Experiencing Family Violence resource. Family Referral Service - Providing assistance with support services and community resources for young people and families regarding domestic violence experiences, housing or accommodation access, financial assistance, mental health concerns and finding culturally appropriate support. 1800RESPECT is the national sexual assault, domestic and family violence counselling service and provide information and resources for professionals who support people impacted by sexual assault, domestic and family violence. Relationships Australia - Support groups and counselling on relationships, and for abusive and abused partners. W.A.S.H (Women's Activities and Self Help) House is a community-based resource centre for women in Mount Druitt. They have resources and a domestic violence service directory. Domestic and Family Violence pathways and local community services are available on the Western Sydney HealthPathways website using the following login details: Username: health Password: w3stern 'Stop it at the Start' a campaign run by the Commonwealth of Australia aims to help break the cycle of violence by encouraging adults to reflect on their attitudes, and have conversations about respect with young people. Tools and resources for Aboriginal and Torres Strait Islander communities are available online.



WentWest staff supporting the 'Say no to domestic violence' campaign

## Events

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### Aboriginal Cultural Awareness Training

Tuesday 3rd December 2019

6:00pm - 9:30pm

### Webinar: Use of My Health Record for Obstetricians and Gynaecologists

Wednesday 4th December 2019

7:00pm - 8:00pm

## Other News

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### Mental Health Consumer and Carer Forum

Western Sydney residents who use mental health services, their carers and those with lived experience of suicide are invited to provide their feedback on services provided in our community. Register to attend the forum on Tuesday 3rd December at the WentWest Office in Blacktown.

To find out more and to register visit [CommunityHQ](#).

### NSW Health - Immunisation Update for GPs

Fluad trivalent (TIV) influenza vaccine for people aged over 65 years expires on Saturday 30th November. Please ensure you discard all doses of Fluad after this date to avoid administration errors. Persons aged over 65 years who require influenza vaccination after this time can be offered government funded quadrivalent (QIV) influenza vaccines.

The full immunisation update for GPs is available [online](#).

### Needs Research Survey – Now Open

As we work towards our vision of healthier communities, empowered individuals, sustainable health care workforces and systems; we need to create more integrated and co-ordinated health care services in western Sydney communities. You're invited to have your say in the annual Needs Survey by completing one of two surveys:

☑ Survey for GPs, practice nurses and practice managers ☑ Survey for allied health providers These important surveys help guide our service planning and design – it is completely de-identified unless you choose otherwise. All contributors will go into the draw to win one of five Fitbit Charge 3 wireless activity and sleep tracking wristbands.

## GP Association Meeting

The following GP Association Meeting is coming up in western Sydney:

Mount Druitt: Professional Development – A Case Study, Friday 29th November.

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